



SOUTHERN PENINSULA

ABN 42 123 530 408 Reg No A00193187

NEWSLETTER

Issue 173, Nov 2019 - Jan 2020



Some of our lovely choir ladies decided to go Japanese for the event! Photos: Angela Deagan

SENIORS MORNING TEA: 8TH OCTOBER 2019

... and what a success it was!!!! We were blown away by the response with 120 people turning up... AN ALL TIME RECORD ATTENDANCE!!!

Teena Daley, head of our catering team usually makes morning tea for 70 to 80 people but the team managed to be prepared, knowing in advance of the booking numbers. Unfortunately, we ran out of crockery and cutlery and had to use some disposables.

Nevertheless, it was wonderful to see so many new faces and some of our members brought partners and friends. Old acquaintances were renewed, new members picked up, and lapsed members bought back into the fold.

While everyone chatted and consumed the fantastic food, the guitar group led by Peter Rae played some beautiful music in the background, and then Martie Lowenstein's Singing Group put together an ensemble of songs which brought lots of applause and laughter as the Puppets crept up onto the stage.

U3A SP is grateful for the funding support provided by:



Thanks to our Vice President, Bob Donaldson for delivering a warm welcoming address (*editor ... and Jill Storey for coordinating the event , as she leaves herself out*).

It was a great day with lots of positive feedback but it wouldn't have been possible without so many volunteers pitching in to help, from the team placing ten-plus tables and chairs, to the decorations on the table, to the Camera Group taking photos.

To all who helped, a big thank you and please help us repeat it next year.

Jill Storey
Event organiser



PRESIDENT'S REPORT

2019 is the 30th anniversary of U3ASP and it is being commemorated in a magnificent book researched, written and designed by Andrea Osborne, our Newsletter Editor and Graphics Officer. The Committee has decided that we will have two copies printed, which will be held in the office and available for perusal by members. You will also be able to view it on our website in the near future.

Our U3ASP year is drawing to a close and we are gearing up for 2020. All our volunteer tutors/activity leaders, committee members, office and catering people have done a fantastic job.

Adequate accommodation is the Committee's major focus and we are actively engaging with the Council and our State and Federal politicians to achieve this.

Hopefully we will have facilities available in Rosebud, Rye and Blairgowrie that will extend our presence further along the Peninsula and we could well see a second office in addition to Dromana.

The Committee's decision to change our fee structure for 2020 generated healthy debate and unfortunately some negativity. It would be wonderful if those who commented on the change became more involved and offered themselves for committee and other positions in our U3A.

Our Secretary for the last three years, David Mott, has indicated that he is stepping down so we need a new secretary as well as a President for 2020. I thank David for the outstanding job he has done for the Committee and our U3A. Also, our Newsletter editor, Andrea Osborne, has retired. We thank Andrea for the great work done on the Newsletter which she has worked on since 2014.

I wish you all a safe and enjoyable break over December and January and we hope you get plenty of rest and relaxation before activities return to normal, with more courses and activities on offer in 2020.

Please remember to pay your fees and don't forget to enrol for new courses as well as your current U3ASP activities.

Lee Chapman
President



CAN YOU HELP WITH OUR NEWSLETTER EDITING AND DESKTOP PUBLISHING?

OUR CURRENT EDITOR IS RETIRING AFTER MANY YEARS AND WE NEED SOMEONE TO REPLACE HER.

WE ALSO NEED MEMBERS TO JOIN THE COMMITTEE TO FILL THE VACANCIES OCCURRING AFTER OUR NEXT ANNUAL GENERAL MEETING IN MARCH 2020.

ENQUIRIES CAN BE DIRECTED TO OUR PRESIDENT, LEE CHAPMAN, PHONE 0438 100 809 (E: PRESIDENT@U3ASOUTHPEN.ORG.AU)

AND OUR SECRETARY, DAVID MOTT, PHONE 0488 299 430 (E: SECRETARY@U3ASOUTHPEN.ORG.AU)

WHAT'S NEW AT



MORNINGTON LIBRARY

Mornington Peninsula Library offers a wide range of books in many formats, including popular eBooks, eAudiobooks and a great range of magazines in print and electronic formats.

Recently we added Choice magazine to our online collection which is available to our library members, both in the library and from home.

We also introduced Kanopy, a database of over 30,000 films that our library members can stream on their preferred device free of charge anytime, anywhere.

To find out more visit us at: ourlibrary.mornpen.vic.gov.au

Georgie Rutter:
Library Community Outreach Officer

COURSE COORDINATORS REPORT

For full course information, check UMAS or email: courses@u3asouthpen.org.au

It has been a huge job preparing and getting ready for 2020 and this could not be done without the boundless support of co-tutor Kath Murray and UMAS trainer Sue Dixon. I hope that the courses we have presented give you great pleasure as well as a challenge and purpose in life.

Though the courses have now been finalized if anyone wants to put their hand up to share their passion, interest or hobby we are always happy to welcome new tutor/activity leaders so please give us a quick email.

Details of all courses will be available on the website from 18 November and you will be able to enrol online from 3rd December onwards.

Course Coordinators:

Rosalie Arnold, Kath Murray, Jill Storey, Sue Dixon & Dina Tanphanich

DAY OUT EVENTS 2020

If you wish to book for any of these events, please be aware that you must do so by the due date as there is a minimum booking required. In case of cancellation, usually there are no refunds.

BILLY ELLIOT THE MUSICAL

Be INSPIRED, be ELECTRIFIED!

18 March 2020, Regent Theatre Melbourne.
Payment \$100 (including theatre & bus tickets) due by 16/1/2020.
Course Code: DAY20001. Minimum Number 48.

Featuring music by the legendary Elton John, book and lyrics by Lee Hall, choreography by Peter Darling and direction by Stephen Daldry, Billy Elliot the Musical has been seen by over 12 million people worldwide and acclaimed by audiences and critics alike.

Set in a northern town during the miners' strike of 1984/5, the show follows Billy's journey from the boxing ring to ballet class where he discovers a passion for dance that unites his family, inspires his community and changes his life forever.

THE BROADWAY I LOVE

20th March 2020. Frankston Arts Centre.
Payment \$41.50 due February 18th.
Course Code 2ODAY003. Minimum Number 24.

Star Australian tenor Roy Best gets to sing all the classic hit songs including Music of the Night, Sun & Moon, Superstar, Think of Me and Everything's Alright, from your favourite musicals, such as Phantom of the Opera, Les Miserables and Cats, to name a few.

He will also pay tribute to some of his favourite composers, Andrew Lloyd Webber, Lerner and Lowe, Cole Porter, Leonard Bernstein and more. Roy will be joined by international soprano Alison Jones as well as popular Chris McKenna.

Here is a preview of the new courses, many of which have not been offered before by U3ASP, but will be in 2020:

- Lawn Bowls for Beginners
- Croquet for Beginners
- Tai Chi
- Qi Gong
- Hatha Yoga
- Introduction to Zen Meditation
- Memory & Ageing
- Upcycling: Creative & Fun
- Painting & Drawing Landscapes
- Art Classes for Beginners
- Introduction to iPad
- PC Computers for Beginners
- Useful tips for using your Android Phone
- Adobe Lightroom Demonstration
- French Tarot Cards for Beginners
- Spanish for Travellers
- Basic Wills, POA & Probate

Members are welcome to bring a friend but in most cases they must be a senior. Before enrolling, please advise Rita Collins if you wish to include others before you pay: (u3adayevents@gmail.com).



SALUTE TO THE ANZACS

24th April 2020. Frankston Arts Centre
Course Code 20DAY004. Payment \$41.50 due March 22nd.

This production features many of the hit songs, stories, and laughter that came from World Wars 1 & 2, as well as Vietnam and all with a backdrop of incredible images.

A stunning cast led by narrator Chris McKenna, tenor Roy Best and musical theatre stars Jaz Flowers, Alison Jones & Caroline Vercore. This production will be a highlight leading up to Anzac Day.

THE SOUNDS OF RODGERS & HAMMERSTEIN

15th May 2020. Frankston Arts Centre
Course Code 20DAY005. Payment \$41.50 due April 13th.
Minimum Number 24.

This new production starring Michelle Fitzmaurice, highlights the amazing musicals of Rodgers & Hammerstein featuring

iconic musicals such as Carousel, South Pacific, The Sound of Music, Oklahoma, and more.

AUSTRALIAN BALLET SCHOOL

3rd June 2020. Frankston Arts Centre. Course Code 20DAY006.
Payment \$43.00 due May 1st.

A showcase of works by talented students, this performance celebrates the art of ballet from the sophisticated to the sublime. Be thrilled by a wonderful repertoire filled with the energy, dedication and refined skills of the school's young dancers.

CHRISTMAS IN JULY

3rd July 2020. Frankston Arts Centre
Course Code 20DAY007. Payment \$41.50 due June 1st .

Compere Chris McKenna and his friends. All the classic carols and some contemporary Christmas songs as well as a whole lot of laughs will make this amazing show a great winter warmer.

BOB THORNHILL RETIRES

U3ASP is totally dependent on the generous input of our tutors/activity leaders. Without them, we would not exist.

Bob Thornhill has been an extremely generous and talented leader for over sixteen years in two major roles.

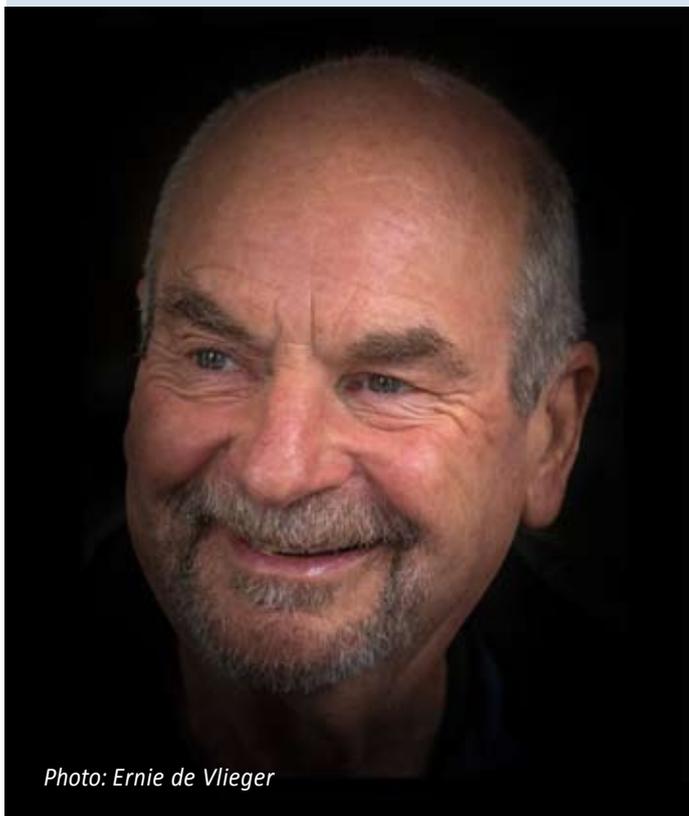


Photo: Ernie de Vlieger

FILM BUFFS:

For eight years, with the assistance of wife, Bev, Bob has capably organised the Film Buffs program.

Members have had the opportunity every fortnight to sit and enjoy cinema in Room 8 where Bob has shown his eclectic collection with a wide variety of genres.

His informative introductions have set the scene for many emotional, sad, humorous, dramatic and quirky films.

Who would have thought that a film which seriously describes the wretched cane toad could be full of comedy?

It will be very sad to lose Film Buffs So much better than the local cinema!

PHOTOGRAPHY:

Bob should be crowned U3ASP's 'Father of Photography'.

Throughout his career behind the scenes with the ABC, and then as a proprietor of a photographic lab, he developed a wealth of photography knowledge and experience.

Bob is a very creative and capable photographer. For ten years, finishing in 2012, he presented two photography courses each year. He had a unique talent for encouraging participants to practise and develop their skills. Many of those who started with Bob now participate in one of our two very successful fortnightly programs or one or more of the nine Photography short courses on offer.

Thank you Bob for your enthusiasm and generosity with your time for U3ASP.

Jim Carr

COURSE/ACTIVITY NEWS



U3A YOGA VISITS SRI LANKA

From: Talalla Retreat, Southern Sri Lanka.

An enthusiastic group of yoga students (U3ASP and others) revelled in the beautiful balmy and climate of Sri Lanka.

Swimming in the lap pool and with the lovely beach on our doorstep ... who could want more? With yoga and meditation every morning and afternoon, and amidst an open air yoga shala, enhanced by noisy peacocks, monkeys, and swaying coconut palms, it was paradise.

The meals were fantastic! Talalla have their own tropical fruit trees and veggie garden and use their totally fresh produce to produce delights including mango lassis, fresh king coconut juice ... should I go on..?

We visited Uddawalawe National park to see elephants in the wild and Galle Fort, an historic town with Portugese/Dutch history.

This was followed by tours to temples, rock caves and beaches and that was just the first week!!

Then we headed up to beautiful tea country.

At Ella we walked to Little Adams Peak (hundreds of steps, but worth the view at the top!) and Nuwara Eliya an historic British Colonial town. Then Kandy, home of Temple of the Tooth (Legend says that part/ all of Buddha's tooth is here).

All in all an amazing action packed two weeks full of fun and making new friends with lots of laughs and adventures.

From our intrepid travellers....
Cheers Namaste

Ayubowan, Sri Lanka!
Group Leader: Annie Benfield



Above: Warwick Spinaze's Redux bike group ride along the Eastlink trail in October.



Right and below: Jill Storey's Mah Jong group at the Dava Hotel in Mt. Martha.

MAH JONG

The U3ASP Wednesday's Mah Jong group had to find temporary accommodation for the school holidays as Mt Martha House was having its wooden floors polished.

The Dava Hotel in Mt Martha kindly allowed us to play in their cafeteria for several hours.

We were very impressed that Barb Geeves has purchased a black Mah Jong set that is really posh!

Patricia Russo, a publicity officer for The Dava, was very excited to see us playing there. She happily agreed to taking these photos.

We had a lovely time, good food, and a Pimm's.

We teach beginners any Wednesday or Friday.

Tutor/Activity Leader: *Jill Storey*





As a service to U3ASP members, we publish information about the latest scams in each newsletter to keep you up to date and aware of these insidious phone, door-to-door, postal and internet issues.

We are appreciative of this service to the community from the ACCC and consumer watchdog Choice.

Register on scamwatch.gov.au. and community@choice.com.au, to receive email alerts re the latest scams and tips to avoid being a victim.

If you come across a suspicious encounter, please report it to the ACCC by email: www.scamwatch.gov.au/about-scamwatch/contact-us.

LATEST SCAMS

- Windows 10 is having more issues with updates it is distributing for its operating system software. Major issues are resulting from installing the latest updates 'KB4524147' and 'KB4517211'. These include not being able to start windows after installing the updates. It is probably safer to wait until these problems are resolved before updating. If you have already installed these updates, it is possible to uninstall them. Log on to Microsoft, and search for update issues which will contain information regarding the issue and further instructions.

Two of Australia's big four banks have been hit with sophisticated email scams.

- A phishing scam targeting Commonwealth Bank customers has been flooding inboxes across the country. With a display name of "Commonwealth Bank of Australia", the subject of the email reads: "You have 1 IMPORTANT – security message". The message tells the "valued customer" they have a security message and provides a link to Netbank. Unsuspecting recipients who click on the link are led to a web page that's nearly identical to the authentic Commonwealth NetBank login page. Login credentials entered on this page are then harvested before the customer is redirected to the actual Commonwealth web portal. It is best practice to log into the website to check your messages or phone your bank before responding.
- A NAB scam is making the rounds. This one attempts to trick customers into delivering a malicious payload. The email advises customers their card has been placed on hold after usage "in a different location" and urges them to "download the attached form and get verified within minutes". Unsuspecting recipients who open the attachment are required to fill in a form asking for their user credentials and personal info. Once this is submitted, these details are harvested and the user is redirected to a fake confirmation page. Another new email scam targets consumers of sports/events tickets. Scammers are increasingly impersonating support staff to get your personal details. To protect yourself, do not click any link contained within an email, especially if it does not address you by name (as in the scams above). It is best practice to type the website URL into your browser to check the authenticity of the email.

A MESSAGE FROM THE EDITOR

Your newsletter will be published quarterly in February, April, August and November.

Tutors/activity leaders are encouraged to provide news items and photos to the email address below, particularly those running unfilled groups.

The newsletter now has a greater print run at high quality for larger distribution; to local libraries, retirement villages and council offices. As a result of this, we are likely to receive a lot more interest from the community so your submission can encourage new members and future leaders.

WE WELCOME YOUR CONTRIBUTIONS

Please forward letters, articles, interviews, poetry, short stories, photos, items of interest etc. to the editor: aosborne08@gmail.com.

Text and pictures should not be embedded together within a document. Pictures need to be supplied individually in jpeg format and text can be sent in an email or as a MS Word document.

Please supply images in medium to high resolution, ie. for one column wide, at least 2mb. More is good.

U3ASP EDITOR
Andrea Osborne

DISCLAIMER

From time to time your committee gives space in this newsletter to community events or notices which it believes, in good faith, are worthy of being brought to the attention of members.

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