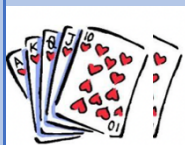


**SO MANY NEW
and
INTERESTING
COURSES**

WHAT'S NEW?

U3A Southern Peninsula Oct 2022
including all current courses with vacancies

22GAM009: CONTRACT BRIDGE FOR BEGINNERS



Starting date: Wed. 5 Oct at 10am
Duration: 6 Weeks

Learn a great new game. Members should attend the first week to get full benefit from the lessons. Tutor: Margaret Morgan
Email: mjmorgan@bigpond.net.au

22GAM008: LEARN TO PLAY 500 CARD GAME

Starting Date: Fri 14 Oct. at 1:30pm



Duration: 5 Weeks

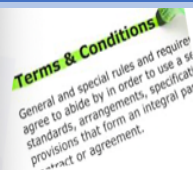
Learn to play or improve your game of 500 using standard 43 cards. If you have not played before, allow 1-2 hours to learn the game, and 2 weeks to achieve reasonable skill. Leader: Peter Karol.

22OUD010: INTRO TO PETANQUE



Starting Date: Wed 12 Oct
10am-12noon
Duration: 6 weeks

Venue: Main Ridge Bowls & Petanque
Come and join us for an introduction to the French game of Petanque every Wednesday morning for 6 weeks. Tutor: Sue Brown
Cost \$12/ person for 6 weeks with tea/coffee provided



**22DAY011 UNDERSTANDING
RETIREMENT VILLAGE
AGREEMENTS**
Date: Tues 18 Oct 11:30-12:30

Presented by Kristy Muhlhan from Burke & Associates Lawyers. If you're thinking of moving into a Village this comprehensive session will be invaluable. **Non-U3A SP friends welcome**

22SOC001 : CHEERFUL CARING FRIDAYS

Date: Fri 7 Oct – Fri 11 Nov 11am



This new social group will meet in Cafes in Dromana & McCrae each Friday with Edna and Martie. People who live alone are especially welcome to join.

22DAY007: TOUR OF MOORABBIN AIR MUSEUM

Includes shopping at DFO

Date: Wed 12 Oct 9am – 4pm

The Moorabbin Air Museum has one of the most significant collections of aircraft in Australia and provides public access to a number of the aircraft on display, allowing visitors a great experience. Shopping and Lunch at DFO nearby.

22DAY008:

BALI FOR SEDATE SENIORS

Date: Friday Oct 21 1:30pm – 3:30pm



Hear tips and advice for people with mobility restrictions considering a Bali holiday. Enjoy scenic photos from our July trip *even if you never intend travelling to Bali*. There are many places where seniors can have a wonderful safe holiday in moderate luxury at a bargain price.

22CRF001: CHRISTMAS HANDMADE CARDS

Date: Monday 7th November 10am – 12 noon



Surprise your Family and friends with a unique handmade Christmas card, made especially for them.
Cost \$2 for craft supplies
Tutor: Jan Drennan
Email: janrob29@hotmail.com



**22DAY010
LOOKING AFTER YOUR HEARING**
Date: Tues 11 Oct 11:30-12:30

Presented by Hearing Australia

The importance of good hearing health, some interesting facts, hearing aid basics and tips for communication with someone who is hard of hearing. **Non-U3A SP friends welcome**

22DAY009 SELF ESTEEM - WHAT IS IT?

Date: Monday Oct 10 9.30 to 12



Learn about what self-esteem is and the barriers to improving your self-esteem with verbal and written exercises.

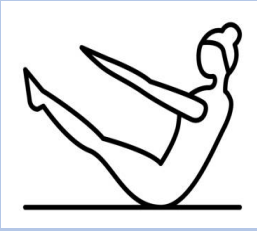
Presented by Alice Opper

SEAWINDS COMMUNITY HUB

22HEX002: PILATES @ SEAWINDS

Date: Wed 5th Oct –14 Dec 9:30-10:30am

Venue: SEAWINDS HUB



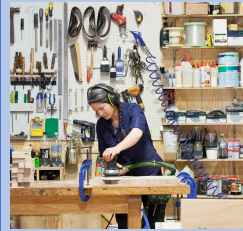
Join Tanya Hertog for weekly Pilates sessions, strengthening and stretching muscles whilst building body core strength. Cost: \$15 / session payable to Tanya.

22CRF004 D.I.Y. WOODWORK FOR WOMEN

Tues Oct. 4th – Oct. 25th 9.30 am to 12.

Duration: 4 weeks

SEAWINDS ROSEBUD MEN'S SHED



Introduction to woodwork, covering basic techniques, with timber safety, hand tools, machinery and equipment. Create is a decorative pot plant trellis

YOU CAN ALSO JOIN THESE CURRENT COURSES WITH VACANCIES

- Please check UMAS for current details.
- Contact Tutor for course prerequisites, and acceptance into courses that have already commenced.

Course Code	Description	Start date	Finish	Available	Location	Day
22DAY010	Looking after your Hearing	11/10/2022	11/10/2022	25	OSOD 8	Tue
22GAM008	Intro. to 500 Card Game	14/10/2022	11/11/2022	19	Dromana Hall	Fri
22DAY009	Self-Esteem - What is it?	10/10/2022	10/10/2022	19	OSOD 8	Mon
22GAM009	Contract Bridge for Beginners	5/10/2022	9/11/2022	14	OSOD 8	Wed
22OTD009	Kayaking and Canoeing	4/2/2022	9/12/2022	11	VARIABLES	Fri
22CRF001	Christmas Handmade Cards	7/11/2022	7/11/2022	10	Dromana Hall	Mon
22HEX003	Scottish Country Dancing	7/2/2022	28/11/2022	10	MtMH	Mon
22MUS003	Singing for Fun	7/2/2022	5/12/2022	10	All Saints	Mon
22PHG007	Enthusiastic Photographers	4/2/2022	2/12/2022	9	AWAY	Fri
22CYC005	Pedal Peninsula	9/2/2022	14/12/2022	9	None	Wed
22ART002	Art Group - Tuesday	1/3/2022	6/12/2022	7	Dromana Hall	Tue
22LANI06	Italian - Beginners	1/2/2022	6/12/2022	7	AWAY	Tue
22GAM002	500 Card Game	6/5/2022	2/12/2022	6	AWAY	Fri
22LANE01	English as a 2nd Language	1/2/2022	6/12/2022	6	PRVHME	Tue
22DIS002	Politics 101	7/2/2022	5/12/2022	6	Dromana Hall	Mon
22GAM001	Rummy Cub and Bolivia	7/2/2022	19/12/2022	6	OSOD 8	Mon
22CRF002	Handmade Cards	7/2/2022	5/12/2022	5	Dromana Hall	Mon
22CYC003	Spokes Cycling Group	11/2/2022	9/12/2022	4	VARIABLES	Fri
22GLF003	Bay Views Golf	7/2/2022	19/12/2022	3	BVGC	Mon
22GAM003	Bolivia - Cards	2/2/2022	7/12/2022	3	OSOD 8	Wed
22GAM004	Chess Group	7/2/2022	19/12/2022	3	TBA	Mon
22LANG05	German Conversation	1/2/2022	29/11/2022	3	OSOD 4	Tue
22LTR010	D-Word Writers Group	7/10/2022	16/12/2022	2	OSOD 8	Fri
22WAL006	Friday Foreshore Strolls	11/2/2022	9/12/2022	2	VARIABLES	Fri
22LANI08	Italian Conversation	2/2/2022	7/12/2022	2	Seawinds Hub	Wed
22WAL005	Meanderers -Walking	3/2/2022	8/12/2022	2	VARIABLES	Thu
22GAM007	Scrabble	4/2/2022	25/11/2022	2	OSOD 8	Fri
22HEX001	Social Table Tennis	3/2/2022	8/12/2022	2	RYESH	Thu