



SOUTHERN PENINSULA Inc.

A.B.N. 42 123 530 408 REG. No. A0019318T

COURSES | 2019

U3A Southern Peninsula

359A Point Nepean Road

Dromana, Vic 3936

P.O. Box 396 Dromana, Vic 3936

Phone: 03 5981 8777

Email: office@u3asouthpen.org.au

Office Open Tuesdays & Thursdays 9.30am – 1.00pm

Office Closes for Christmas Break 13th December 2018 & Reopens 17th January 2019

Phone & Email will not be monitored during this period.

If urgent please email courses@u3asouthpen.org.au

For information see our website www.u3asouthpen.org.au

New Courses in Green

Art Courses

19ART001: Art Group - Monday

Type: Long Course

Dates: 11/02/2019 - 25/11/2019

Frequency: Weekly Course, Mon 13:30 - 16:00

Location: Community Hall Dromana Hodgkinson Street

Tutor: Teena Daley

This is a group with no restrictions on the medium used. Teena will not tutor as such but, with her vast experience, offers help and advice when asked for. Beginners are most welcome. Contact Teena - teenadaley@hotmail.com \$2.00 to cover the cost of our rented accommodation plus \$0.50 for cuppa where applicable, is payable at the commencement of each session.

19ART002: Art Group - Tuesday

Type: Long Course

Dates: 05/02/2019 - 17/12/2019

Frequency: Weekly Course, Tue 13:30 - 15:30

Location: Community Hall Dromana Hodgkinson Street

Tutor: Jo O'Donnell

Painting and drawing activities with a program incorporating various methods and media. Contact Josephine O'Donnell at Email: jojo50@iprimus.com.au \$2.00 to cover the cost of our rented accommodation plus \$0.50 for cuppa where applicable, is payable at the commencement of each session. THIS GROUP DOES NOT MEET DURING SCHOOL and PUBLIC HOLIDAYS. An ability to listen, observe, basic painting and drawing skills.

19ART003: DOODLE & CHAT

Type: 1 day

Dates: 01/05/2019 - 01/05/2019

Frequency: 1 Day Course, Wed 14:30 - 17:00

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road

Tutor: Rosalie Arnold

A very relaxing craft known as Zentangle or Creative Doodling (Just Google or YouTube for details and images. Great gift ideas for children and adults, usually done in Black & White but you can use watercolour pencils for added look. Paper Pens etc. provided by Tutor cost \$8 for 2 "Uni pin .03 & .05 pens. Please bring a pencil, rubber and tracing paper. \$2.50 course fee payable 10 prior to the commencement of course. Tutor Rosalie Arnold Phone: 5982 0497 Email: rosaliarnold@hotmail.com

19ART004: Trompe L'Oeil

Type: Short Course

Dates: 17/06/2019 - 22/07/2019

Frequency: 6 weeks as specified, Mon 13:00 - 16:00

Location: Community Hall Dromana Hodgkinson Street

Tutor: Beverley Heeney

Trompe L'Oeil = trick of the eye. Have you ever wanted an extra window in the kitchen, a grand fountain in your entrance hall or a meandering path at the end of the garden? All of these can be achieved with Trompe-l'oeil. We will start off with a small painting and then who knows...? A materials list will be emailed to those in the class. Course fee \$12 to be paid 10 days prior to the commencement of course Tutor: Bev Heeney 0458 011 554

Cooking

19COO002: Use Your Noodle

Type: Short Course

Dates: 17/06/2019 - 22/07/2019

Frequency: Weekly Course, Mon 10:00 - 13:00

Location: Community Hall Dromana Hodgkinson Street

Tutor: Annie Vertue

Every Asian country has its beloved noodle dish, from Malaysian char kway teow to Indian mee rebus, Hokkien noodles, Japanese ramen, pad Thai, Noodles Cantonese style. Accompanied by either entree or dessert. Cook and share your recipes with friends in our Dromana Community Hall's kitchen. Involves on-site cooking and tasting. Active participation including cleaning up mandatory.

Course fee \$12 to be paid 10 days prior to the commencement the course. Any additional expenses for the cooking ingredients will be decided upon commencement of the class and paid to Annie Vertue, the group leader. Tina van Kooten will be assisting in this course Further details contact Annie 0407 230 495 philvertue1@bigpond.com

Craft

19CRF001: Crochet

Type: Long Course

Dates: 12/02/2019 - 10/12/2019

Frequency: Second and Fourth weeks, Tue 9:30 - 11:30

Location: Community Hall Dromana Hodgkinson Street

Tutor: Judy Bell

A friendly, welcoming group. Crochet with fine cotton or wool and reading patterns. Contact Judy Bell by phone on 0405 788 592 for more details.

19CRF002: Parchment Cards

Type: Long Course

Dates: 04/02/2019 - 18/11/2019

Frequency: First and third weeks, Mon 10:15 - 12:15

Location: Community Hall Dromana Hodgkinson Street

Tutor: Janet Carter

Make delightful cards to surprise family and friends. We are a small group and would welcome new participants. Contact Janet Carter at janetcarter1938@hotmail.com for more details. \$2.00 to cover the cost of our rented accommodation plus \$0.50 for cuppa where applicable, is payable at the commencement of each session.

Day Trips

19DAY001: LET'S GO Blue Lotus Water Gardens

Type: 1 day

Dates: 29/01/2019 – 29/01/2019

Frequency: 1 Day Course,

Location: Away

Tutor: Diane Bell

Some members have requested this outing for years so at last, we are going. This beautiful garden and nursery, which is only open for a few months each year, features thousands of exotic and native flowering plants featuring waterlilies, lotus, and other rare plants. It also features ponds, two lakes and walking tracks with 15 ornate bridges.

We will find an idyllic spot to enjoy morning tea along the way to Yarra Junction.

BYO lunch or BBQ, otherwise purchase from the café. As always, friends welcome. COST \$35 coach & admission

Bookings close 17/01/2019 which is the day the office reopens so preferable to book & pay in December when you renew your membership.

In the event of extreme heat, this outing will be canceled, and all monies returned.

Leader for this event Diane Bell Email: diane.bell@gmail.com Phone: 0438 892 829

Discussion Groups

19DIS001: Investing with Shares

Type: Short Course

Dates: 06/02/2019 - 06/03/2019

Frequency: 5 weeks as specified, Wed 10:00 - 12:00

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road

Tutor: Ian Aston

Presented by a qualified accountant with forty years of experience in investing, this course is an introduction to the share market and a general guide to investing in shares. THERE WILL BE NO INVESTMENT ADVICE GIVEN. This is a sequential course and you will not be able to join after the course has started. \$2.00 Session Fee plus 50c Tea/Coffee when applicable payable to Tutor at beginning of each Session. Bring Pen & Paper for notes.

Minimum Enrolments 4 Course Tutor Ian Aston Email: ianaston54@gmail.com Phone: 5987 2661

19DIS002: A Political Life Type: Long Course

Dates: 11/02/2019 - 25/11/2019

Frequency: Second and Fourth weeks, Mon 9:30 - 11:30

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road

Tutor: John Healy

Spirited conversations relating to political issues of the day. New members most welcome. Will run over School Holidays \$2.00 Session Fee plus 50c Tea/Coffee Contact John Healy at johnandcarolinehealy@gmail.com

19DIS004: Discussion Group Type: Long Course

Dates: 06/02/2019 - 04/12/2019

Frequency: First and third weeks, Wed 10:00 - 12:00

Location: Village Glen Lounge 351 Eastbourne Road

Tutor: Carmel Rowe

A discussion group who tackle topics based on current affairs, philosophy, etc. We are challenged to think deeply. No prior knowledge required, but preparation for some discussions may be required. Come and join us! Contact Leader Carmel Rowe email: vfs005@bigpond.com phone: 5981 0509 \$2.00 Session Fee plus 50c Tea/Coffee

No session Wednesday 27th March 2019 U3A AGM

19DIS005: Environment Circle Type: Long Course

Dates: 28/02/2019 - 28/11/2019

Frequency: Monthly, Thu 15:45 - 17:15

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Inez Dussuyer

For those who enjoy the environment and care and reflect about associated issues, we are convening a monthly discussion group with an invited speaker on specific environmental topics. Speakers will be invited for 30 minute presentations to be followed by questions and group discussion. Examples of topics might include restoring native habitat while living in an urban area; turning environmental policies into action; conservation values and how to retain them on the Peninsula' managing the indigenous landscape; how to protect the marine environment, etc. Contact Inez on iddussuyer@hotmail.com or 0419 448 334

Class fee of \$2.50 (including a cuppa) to be paid to the Tutor before each session.

19DIS006: Current Affairs Type: Long Course

Dates: 07/02/2019 - 21/11/2019

Frequency: First and third weeks, Thu 10:00 - 12:00

Location: St Katherine's Anglican Church 15 Bartels St

Tutor: Jack Ruffin

Group members research a different topic for each session and share their research and ideas. The sessions are highly interactive and involve all participants in the discussion. Topics are from important issues of the day. Contact Jack Ruffin (jackruffin@hotmail.com) for any query. Assistant: Lynne Black \$2.00 to cover the cost of our rented accommodation plus \$0.50 for cuppa where applicable, is payable at the commencement of each session.

Prerequisites: An interest in current politics and a willingness to discuss your views. Access to a computer to send and receive emails. No classes from the third Thursday in November until the third Thursday in February.

19DIS007: Grief & Loss Type: 1 day

Dates: 14/02/2019 - 14/02/2019

Frequency: None, Thu 13:00 - 16:00

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Alice Oppen

A description of recent theory in Grief counseling and ways to alleviate the pain. Comments, discussion, and questions welcome from participants. Alice has a degree in Psychology & Masters in Counselling Monash University plus 2 years practice a grief counsellor. Please bring pen & paper for notes and own cup tea/coffee will be provided. Course fee \$2.50 payable prior to the commencement of course. Course Tutor Alice Oppen Email: aopper@bigpond.net.au Phone: 0439 563 313

19DIS008: History Lunch

Type: Long Course

Dates: 14/02/2019 - 14/11/2019

Frequency: Monthly, Thu 12:00 - 14:00

Location: Village Glen Craft Centre 351 Eastbourne Road

Tutor: Marianne Punshon

History Lunch does not always describe what we do, which is to have a guest speaker talk on a topic dear to their heart...always interesting and entertaining. We meet on second Thursday of every month at the Craft Centre of the Village Glen Village 335 Eastbourne Rd Capel Sound. Enroll in this class to show it is of interest to you and receive monthly reminders. ALL WELCOME. PLEASE BRING A SMALL PLATE OF FINGER FOOD TO SHARE FOR LUNCH. Gold coin donation.

If you wish to know more about this activity, contact: Marianne Punshon via email mipunshon@bigpond.com or 0402 435 842

19DIS010: Overlooked: 20th Century Women

Type: Short Course

Dates: 25/02/2019 - 25/03/2019

Frequency: Weekly Course, Mon 14:30 - 16:30

Location: Community Hall Dromana Hodgkinson Street

Tutor: Diane Bell

There are many accomplished women whose lives, although significant, are not as well-known as perhaps they should be. We will look at women from a number of walks of life over the four sessions. Any members of the group who wish to make a presentation about a woman they believe fits the category are most welcome to do so. Tutor Di Bell Phone: 0438 892 826 Email:dianebell@gmail.com Short Course Fee of \$8:00 payable 10 days prior to the commencement of course. The second series Overlooked: Fascinating Women will examine further interesting but little-known lives.

19DIS011: Overlooked: Fascinating women

Type: Short Course

Dates: 06/05/2019 - 27/05/2019

Frequency: Weekly Course, Mon 14:30 - 16:30

Location: Community Hall Dromana Hodgkinson Street

Tutor: Diane Bell

There are many accomplished women whose lives, although significant, are not well known. Again I invite any members of the group who so wish to make a presentation about a woman they believe fits the description. (Anyone who was born or died in the 20th-century qualifies for inclusion.) Tutor Di Bell Phone: 0438 892 826 Email:dianebell@gmail.com Short Course Fee of \$8:00 payable 10 days prior to the commencement of course. This is the second series but participation in the previous course is not a requirement.

19DIS013: Pensions, Super & Tax for over Sixties

Type: 1 day

Dates: 30/05/2019 - 30/05/2019

Frequency: 1 Day Course, Thu 13:00 - 16:00

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road **Tutor: David Cheeseman**

The workshop will cover the following areas: 1. Aged Pension Rules concerning the eligibility for the aged pension, including asset limits, level of income, other types of income support and part pensions. 2. Superannuation - rules in relation to operating a Self-Managed Superannuation Fund, pension, and accumulation phase explained and general discussion about types of superannuation funds (industry, commercial and other funds). 3. Tax - current tax law relating to superannuation, proposed changes in the 2019/20 Budget.

The course fee of \$2.50 per person to be paid 10 days prior to the commencement of the course to secure your place. Contact David Cheeseman FCPA Tel: 03 5976 4151 Mob: 0414 716 382

19DIS014: Pensions, Super & Tax for over Sixties **Type: 1 day**

Dates: 29/11/2019 - 29/11/2019 **Frequency: 1 Day Course, Fri 13:30 - 16:30**

Location: Community Hall Dromana Hodgkinson Street **Tutor: David Cheeseman**

The workshop will cover the following areas: 1. Aged Pension Rules concerning the eligibility for the aged pension, including asset limits, level of income, other types of income support and part pensions. 2. Superannuation - rules in relation to operating a Self-Managed Superannuation Fund, pension, and accumulation phase explained and general discussion about types of superannuation funds (industry, commercial and other funds). 3. Tax - current tax law relating to superannuation, proposed changes in the 2019/20 Budget.

The course fee of \$2.50 per person to be paid 10 days prior to the commencement of the course to secure your place. Contact David Cheeseman FCPA Tel: 03 5976 4151 Mob: 0414 716 382

Games

19GAM001: Rummy Cub/King & Bolivia Games **Type: Long Course**

Dates: 04/02/2019 - 02/12/2019 **Frequency: First and third weeks, Mon 13:30 - 16:45**

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road **Tutor: Andrea Osborne**

Have great fun playing games such as Rummy Cub/King and Bolivia in a small, friendly group. 500 will also be played if we have 3 or more interested players. Basic knowledge of Bolivia or Canasta an advantage. Contact Andrea Osborne on 0427 784 555 or aosborne08@gmail.com.

Will run over School Holidays \$2.00 Session Fee plus 50c Tea/Coffee when applicable payable to Tutor at beginning of each Session.

19GAM002: Scrabble **Type: Long Course**

Dates: 01/02/2019 - 29/11/2019 **Frequency: Weekly Course, Fri 14:00 - 17:00**

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road **Tutor: Tinie Werner**

We play socially and are members of the Scrabble Association and use the list of words they supply. We play two games in the course of the afternoon. Newly joined members are encouraged to contact Course Leader Tinie Werner on (03) 5988 6618 or tiniewerner@hotmail.com to obtain information prior to attending the class. \$2.00 to cover the cost of our rented accommodation plus \$0.50 for cuppa where applicable, is payable at the commencement of each session.

19GAM003: Bolivia - Cards **Type: Long Course**

Dates: 06/02/2019 - 04/12/2019 **Frequency: Weekly Course, Wed 14:00 - 17:00**

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road **Tutor: Lorraine Dodd**

Bolivia is a card game for four people playing in partnerships. Players meld sets or sequences of the same suit to earn points. To meld, players lay down cards and both members of the team can build on those cards. \$2.00 Session Fee plus 50c Tea/Coffee payable to Tutor before commencement. Contact Lorraine Dodd 0417 105 766 Course Assistant Heather Scully

Will run over School Holidays. No session 27th March 2019 U3A AGM

19GAM004: Social Chess Intermediate & Above **Type: Long Course**

Dates: 15/02/2019 - 02/08/2019 **Frequency: Weekly Course, Fri 13:30 - 15:30**

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road

Tutor: Alex Barclay

Playing of the ancient art game of Chess. The aim is to exercise our cognitive, social and gaming skills. Please contact Tutor/Leader Alex Barclay 0411 647 728 for details. Course Assistant Heinz Hein 0458 003 159 the class will run until 2/8/19 and then be conducted in a Private Home until 20/9/19. No class 27/9/19 Grand Final Public Holiday. The class will resume in Room 4 Friday 4th October until 6/12/19

19GAM005: Contract Bridge - Beginners

Type: Short Course

Dates: 05/03/2019 - 26/03/2019

Frequency: 4 weeks as specified, Tue 13:30 - 15:30

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Margaret Morgan

Learn the basics of Contract Bridge, a wonderful game which you will never stop learning. No prior knowledge is necessary. Course Assistant Jill Hayworth. Course Tutor Margaret Morgan 0418 845 752 mjmorgan@bigpond.net.au PLEASE NOTE 2ND TUESDAY OF EACH MONTH STARTING TIME WILL BE 2.00PM

Course fee \$10 to be paid 10 days prior to the commencement of course.

19GAM006: Contract Bridge - Intermediate

Type: Short Course

Dates: 08/10/2019 - 19/11/2019

Frequency: 6 weeks as specified, Tue 13:30 - 15:30

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Margaret Morgan

Members must have completed the beginners' course or have previous bridge experience. The course will cover 1. Overcalls 2. Doubles 3. Stayman 4. Transfers 5. Weak 2 bids 6. Strong Bids. Course Tutor Margaret Morgan 0418 845 752 mjmorgan@bigpond.net.au PLEASE NOTE 2ND TUESDAY OF EACH MONTH STARTING TIME WILL BE 2.00PM

Please note that there will be no class on the 5th of November (Melbourne Cup Day). Course fee \$15 to be paid 10 days prior to the commencement of course.

19GAM007: Social Chess for Beginners

Type: Short Course

Dates: 08/04/2019 - 06/05/2019

Frequency: 4 weeks as specified, Mon 13:30 - 15:30

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Alex Barclay

This is a social course intended to be enjoyable and stress-free. It is an opportunity for those who have never played to learn the basics in Chess. It is also designed as a refresher for those who have not played for a long time. Each lesson will be concentrating on the basics, with practice games and finally games between each other. The aim is to have fun, meet new mates and gently exercise the grey matter. Contact Alex on ambarclay@bigpond.com or 0411 647 728. PLEASE NOTE 2ND TUESDAY OF EACH MONTH STARTING TIME WILL BE 2.00PM

Payment of short course fee of \$10.00 required 10 days prior to the commencement of course. Contact Alex on ambarclay@bigpond.com or 0411 647 728 Course Assistant Ross Treweek 0419 359 777 No Class Monday 22nd April Easter Monday Public Holiday

19GAM008: Contract Bridge - Beginners

Type: Short Course

Dates: 06/08/2019 - 03/09/2019

Frequency: 4 weeks as specified, Tue 13:30 - 15:30

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Margaret Morgan

Learn the basics of Contract Bridge, a wonderful game which you will never stop learning. No prior knowledge required. Contact: Course Assistant Jill Hayworth. Course Tutor Margaret Morgan mjmorgan@bigpond.net.au Phone: 0418 845 752 PLEASE NOTE 2ND TUESDAY OF EACH MONTH STARTING TIME WILL BE 2.00PM

Course fee \$20 to be paid 10 days prior to the commencement of course.

19GAM009: Contract Bridge with Supervision

Type: Long Course

Dates: 05/02/2019 - 10/12/2019

Frequency: Weekly Course, Tue 13:30 - 15:30

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Jill Haworth

For members who have completed a beginner's course or have some basic knowledge of bridge and would like to play in a friendly relaxed environment. Help with bidding and playing the cards available. \$2.50 payable each session to cover rent & cuppa. Every Tuesday 2.00 - 4.00 including school holidays. PLEASE NOTE 2ND TUESDAY OF EACH MONTH STARTING TIME WILL BE 2.00PM

Margaret Morgan - 0418 845 752 - mjmorgan@bigpond.net.au Co-tutor - Jill Haworth 0410 652 298

19GAM010: Mahjong for Beginners

Type: Short Course

Dates: 08/02/2019 - 06/12/2019

Frequency: 6 weeks as specified, Fri 12:00 - 13:00

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Jill Storey

Mahjong is a tile-based game that was developed in China during the Qing dynasty and has spread throughout the world since the early 20th century. It is commonly played by four players. Skill(s) required: Tactics, observation, memory, adaptive strategies Jill has been teaching Mahjong for several years now and would love to share a variety of different forms from Western, British, Australian and American Mahjong. This is a challenging and strategic game. After the Beginners class members can join the Mahjong course to practice their skills.

Short course fee \$15 to be paid 10 days prior to the commencement of course Tutor Jill Storey Phone: 0402 089 353 Email: jillstorey88@gmail.com

19GAM011: Mahjong

Type: Long Course

Dates: 08/02/2019 - 06/12/2019

Frequency: Weekly Course, Fri 13:30 - 15:30

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Jill Storey

Mahjong is a tile-based game that was developed in China during the Qing dynasty and has spread throughout the world since the early 20th century. It is commonly played by four players. Skill(s) required: Tactics, observation, memory, adaptive strategies Jill has been teaching Mahjong for several years now and would love to share a variety of different forms from Western, British, Australian and American Mahjong. This is a challenging and strategic game. Members must attend the Mahjong for Beginners course unless they are well versed in the game. Contact Tutor for further details

19GAM012: Mahjong for Beginners

Type: Short Course

Dates: 22/03/2019 - 03/05/2019

Frequency: 6 weeks as specified, Fri 12:00 - 13:00

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Jill Storey

Mahjong is a tile-based game that was developed in China during the Qing dynasty and has spread throughout the world since the early 20th century. It is commonly played by four players. Skill(s) required: Tactics, observation, memory, adaptive strategies Jill has been teaching Mahjong for several years now and would love to share a variety of different forms from Western, British, Australian and American Mahjong. This is a challenging and strategic game. After the Beginners class members can join the Mahjong course to practice their skills.

Short Course fee \$15 to be paid 10 days prior to the commencement of course. Tutor Jill Storey Phone: 0402 089 353 Email: jillstorey88@gmail.com

19GAM013: Mahjong for Beginners

Type: Short Course

Dates: 10/05/2019 - 14/06/2019

Frequency: 6 weeks as specified, Fri 12:00 - 13:00

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Jill Storey

Mahjong is a tile-based game that was developed in China during the Qing dynasty and has spread throughout the world since the early 20th century. It is commonly played by four players. Skill(s) required: Tactics, observation, memory, adaptive strategies Jill has been teaching Mahjong for several years now and would love to share a variety of different forms from Western, British, Australian and American Mahjong. This is a challenging and strategic game. After the Beginners class members can join the Mahjong course to practice their skills.

Short Course fee \$15 to be paid 10 days prior to the commencement of course. Tutor Jill Storey Phone: 0402 089 353 Email: jillstorey88@gmail.com

19GAM015: Mahjong for Beginners

Type: Short Course

Dates: 02/08/2019 - 06/09/2019

Frequency: 6 weeks as specified, Fri 12:00 - 13:00

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Jill Storey

Mahjong is a tile-based game that was developed in China during the Qing dynasty and has spread throughout the world since the early 20th century. It is commonly played by four players. Skill(s) required: Tactics, observation, memory, adaptive strategies Jill has been teaching Mahjong for several years now and would love to share a variety of different forms from Western, British, Australian and American Mahjong. This is a challenging and strategic game. After the Beginners class members can join the Mahjong course to practice their skills.

Short Course fee \$15 to be paid 10 days prior to the commencement of course. Tutor Jill Storey Phone: 0402 089 353 Email: jillstorey88@gmail.com

19GAM016: Mahjong for Beginners

Type: Short Course

Dates: 13/09/2019 - 25/10/2019

Frequency: 6 weeks as specified, Fri 12:00 - 13:00

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Jill Storey

Mahjong is a tile-based game that was developed in China during the Qing dynasty and has spread throughout the world since the early 20th century. It is commonly played by four players. Skill(s) required: Tactics, observation, memory, adaptive strategies Jill has been teaching Mahjong for several years now and would love to share a variety of different forms from Western, British, Australian and American Mahjong. This is a challenging and strategic game. After the Beginners class members can join the Mahjong course to practice their skills.

Short Course fee \$15 to be paid 10 days prior to the commencement of course. Tutor Jill Storey Phone: 0402 089 353 Email: jillstorey88@gmail.com

Health and Wellbeing

19HEW001: Meditation for Beginners

Type: Short Course

Dates: 07/05/2019 - 11/06/2019

Frequency: 6 weeks as specified, Tue 14:00 - 15:30

Location: St Katherine's Anglican Church 15 Bartels St

Tutor: Lynne Black

Based on Buddhist principles, this 6 week course is aimed at people who have never meditated before but would like to learn how. Topics include mindfulness, maintaining a silent, peaceful mind, equanimity, awareness, and meditation in everyday life. Tutor Lynne Black can be contacted on 0419006156 or lynneblack28@hotmail.com if you would like to know more about it.

Course fee \$15 to be paid 10 days prior to the commencement of course

19HEW002: Awareness & Meditation

Type: Short Course

Dates: 25/03/2019 - 06/05/2019

Frequency: Weekly Course, Mon 9:30 - 11:00

Location: Mt Martha House 466 Esplanade

Tutor: Beth Warren

Awareness helps us to recognize and identify our unique thought pattern. With this understanding, we can start to make positive changes in our lives. Meditation helps with our stress levels and keeps us calm. A short course fee of \$12 payable 10 days before the commencement of the course Tutor Beth Warren Phone: 0419 537 106 Email: beth_warren@bigpond.com

Beth has been teaching awareness & meditation for 20 years. She is a Reiki Master and Ayne Tibetan Healer. She has been a member of the International college of Meditation and Healing for 15 years. No class on 22/4/19 & 22/5/19 Public Holidays

19HEW003: The Path to Health and Happiness

Type: Short Course

Dates: 07/02/2019 - 28/03/2019

Frequency: 8 weeks as specified, Thu 14:00 - 16:00

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road

Tutor: Peter Johnston

The Delphic Oracle proclaimed 'Man Know Thyself'. This will be pursued in depth. Main focus will be on what we can all do for ourselves to foster health and well-being. A history of health care will be included. A GP for nearly 50 years and the author of "The Eagle's Way" on mind-body health, as well as the past President of Whole Health Institute, Dr. Johnston hopes to be able to bring new insights to understanding life and give some practical ways of achieving goals.

Come to the sessions with pen, notebook and an open mind. Peter has been a family doctor for 50 years, with a special interest in holistic approach since 1980. Course fee \$20 to be paid 10 days prior to the commencement of course. Contact Peter on plfj@outlook.com or 0411 819 045.

19HEW004: Therapeutic Tapping for Chronic Pain **Type: Short Course**

Dates: 08/02/2019 - 01/03/2019

Frequency: 4 weeks as specified, Fri 14:00 - 16:00

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road

Tutor: Kathleen Crawford

This course focuses on the use of Emotional Freedom Techniques (EFT) to help relieve chronic pain. The technique involves tapping with the fingers on the acupuncture points of the body. This helps to re-balance the energies of the body and release negative emotions that may block healing and relaxation. I am a semi-retired psychologist. Over the past 17 years I have taught EFT, an evidence-based "energy psychology" treatment, and have been amazed at how fast and safe it is. EFT is used for example, to treat Post Traumatic Stress Disorder in war veterans, or for those who survived the Rwanda massacres, or Hurricane Katrina, and no doubt those recently affected by Hurricane Irma. I also write books on personal development or psychological subjects, such as phobias.

Course fee \$10 to be paid 10 days prior to the commencement of course

Health & Physical Exercise

19HEX001: Balance & Wellbeing

Type: Long Course

Dates: 05/02/2019 - 26/11/2019

Frequency: Weekly Course, Tue 12:00 - 14:00

Location: Rosebud Band Hall 980 Point Nepean Road

Tutor: Elaine Newbould

This course is designed to encourage both men and women to learn how to reduce the risk of falls. Enables people to test and explore their balance and learn how and when balance begins to deteriorate. New members are welcome. Held at Rosebud Youth Band Hall next to the Rosebud Sound Shell. Participants to wear sensible clothes to exercise in; no thongs or sandals. Call 0430 045 321 for further details.

19HEX002: Qishengong

Type: Long Course

Dates: 12/02/2019 - 26/11/2019

Frequency: Weekly Course, Tue 9:30 - 10:30

Location: Tootgarook Comm Hall 30 Barry Street

Tutor: Jananta Dwipa

A quietly energetic physical, mental and spiritual practice. By developing our ability to relax we become open and receptive to our body's innate needs. Regular practice of Qi-Shen-gon may help to relieve the symptoms of various physical and stress-related conditions. Contact Jan Dwipa at cemarahealth@yahoo.com.au or phone on 5985 2214 or 0400 881 400 for more details. Course assistant: Yuliandari Dwipa.

19HEX003: Yoga for Wellbeing

Type: Long Course

Dates: 05/02/2019 - 03/12/2019

Frequency: Weekly Course, Tue 11:45 - 12:45

Location: Rye Seniors Hall Cnr Napier and Nelson Streets

Tutor: Annie Benfield

Enjoy a gentle Hatha flow style of yoga. Suitable for all levels. Beginners are welcome! Using your breath and gentle stretches feel the amazing benefits of yoga as your body and mind become more flexible, balanced and calm. Participants will need to supply their own Yoga equipment, please check with Tutor for costs. No classes during School Holidays. \$2.00 Session Fee plus 50c Tea/Coffee when applicable payable to Tutor at beginning of each Session. Contact Annie on anniepenmagic@gmail.com

19HEX004: Yin Yoga

Type: Long Course

Dates: 05/02/2019 - 03/12/2019

Frequency: Weekly Course, Tue 10:30 - 11:30

Location: Rye Seniors Hall Cnr Napier and Nelson Streets

Tutor: Annie Benfield

A slower paced class that focuses on stretching our connective tissue in our joints. In Yin, we focus on holding poses for 3 to 5 minutes. Yin is all about surrendering and mindfulness through Yoga. Participants will need to supply their own Yoga equipment. Please check with Tutor for costs. \$2.00 Session Fee plus 50c Tea/Coffee when applicable payable to Tutor at beginning of each Session. No Classes school Holidays. Contact Annie at anniepenmagic@gmail.com

19HEX005: Rock 'n' Roll Dancing for Beginners **Type: Short Course**

Dates: 08/03/2019 - 03/05/2019

Frequency: 8 weeks as specified, Fri 14:00 - 16:00

Location: Community Hall Dromana Hodgkinson Street

Tutor: Lynne Black

Rock 'n' Roll dancing is great exercise, stimulates the mind, but above all, is lots of fun! Over the 8 weeks, you'll learn basic steps in rock 'n' roll, swing and jive. Once the course is over we could get together once a month to practice what you've learnt, and learn new steps along the way. Phone Lynne 0419 006 156 for any enquiries.

Please note you will need to bring a dance partner, as the course is designed to teach couples, so you will both need to enroll. Footwear should be flat, comfortable shoes, no sandals. \$2.00 Session Fee plus 50c Tea/Coffee when applicable payable to Tutor at beginning of each Session. No class on Friday 19 April (Good Friday).

19HEX006: Rock 'n' Roll for Fun

Type: Long Course

Dates: 14/06/2019 - 13/12/2019

Frequency: Monthly, Fri 14:00 - 16:00

Location: Community Hall Dromana Hodgkinson Street

Tutor: Lynne Black

Remember all those steps you learned in the Rock 'n' Roll for Beginners course? Well, now you can practice them in a relaxed, fun environment to some great rock classics from the 50's and 60's, plus pick up a few new steps and dancing tips. For any enquiries, please ring Lynne on 0419 006 156.

Class fee of \$2 + 50c for tea/coffee if applicable, to be paid to Tutor prior to commencement of each class.

19HEX007: Social Table Tennis

Type: Long Course

Dates: 07/02/2019 - 28/11/2019

Frequency: Weekly Course, Thu 13:30 - 16:00

Location: Rye Seniors Hall Cnr Napier and Nelson Streets

Tutor: Alice Oppen

Players of all standards are welcome to join in our afternoons of doubles or singles games. If interested, end-of-term tournaments can be arranged. \$2.00 Session Fee plus 50c Tea/Coffee payable to Tutor at beginning of each Session. BYO Mug. Alice is a table tennis player of many years' experience and has played competition and tournaments in Mornington, MSAC, and interstate.

Please wear sandshoes. We will not play during school term breaks and public holidays. Please contact Alice on 0439 563 313 or aoppen@bigpond.com Course assistant Vince Maniscalchi 0431 150 559

19HEX008: Laughter Yoga

Type: Short Course

Dates: 12/02/2019 - 02/04/2019

Frequency: 8 weeks as specified, Tue 10:00 - 11:00

Location: Rosebud Band Hall 980 Point Nepean Road

Tutor: Debbie Peters

Laughter is excellent for your health and well-being. Even when you fake it your body is fooled into releasing feel good hormones that relieve stress and boost your immune system. With simple and fun techniques 'fake' quickly becomes genuine hearty laughter. This is yoga with a difference! Your body is fully oxygenated through laughter, movement and deep breathing as your mind stays 'in the moment' - leaving you relaxed and energized. Contact: debpet@gmail.com or ph.: 5982 2528 Location: Rosebud Youth and Band Hall - 980 Point Nepean Road Rosebud Melway Ref: 158 D12. On the foreshore, this hall shares the same carpark as the Memorial Hall but it is on the other side of the Sound Shell.

Just bring your smile! \$2.00 per session + \$0.50 for a cuppa is payable to your Tutor before the commencement of each session.

19HEX009: Laughter Yoga

Type: Short Course

Dates: 08/10/2019 - 26/11/2019 **Frequency: 7 weeks as specified, Tue 10:00 - 11:00**

Location: Rosebud Band Hall 980 Point Nepean Road **Tutor: Debbie Peters**

Laughter is excellent for your health and well-being. Even when you fake it your body is fooled into releasing feel good hormones that relieve stress and boost your immune system. With simple and fun techniques 'fake' quickly becomes genuine hearty laughter. This is yoga with a difference! Your body is fully oxygenated through laughter, movement and deep breathing as your mind stays 'in the moment' - leaving you relaxed and energized. Contact: debpet@gmail.com or ph.: 5982 2528 Location: Rosebud Youth and Band Hall - 980 Point Nepean Road Rosebud Melway Ref: 158 D12. On the foreshore, this hall shares the same carpark as the Memorial Hall but it is on the other side of the Sound Shell.

Just bring your smile! \$2.00 per session + \$0.50 for a cuppa is payable to your Tutor before the commencement of each session.

19HEX010: Tai Chi 8 for Beginners **Type: Long Course**

Dates: 14/02/2019 - 30/05/2019 **Frequency: Weekly Course, Thu 14:30 - 15:30**

Location: Community Hall Dromana Hodgkinson Street **Tutor: Bev Thornhill**

This course focuses on Yang Style Tai Chi 8. All beginners are welcome. We will begin each session with Qi Gong exercise. Classes do not break during school holidays I have studied Yang style Tai Chi locally for the past 15 years with the Tai Chi Kung Fu Institute. Since 2016 I have been instructing a group of beginners locally in the southern peninsula. Contact Bev on lolabevt@gmail.com or 0423 148 159

19HEX011: Tai Chi 24 **Type: Long Course**

Dates: 18/07/2019 - 28/11/2019 **Frequency: Weekly Course, Thu 14:30 - 15:30**

Location: Community Hall Dromana Hodgkinson Street **Tutor: Bev Thornhill**

This course focuses on Yang Style Tai Chi 24. It does not suit beginners. You must have some prior experience in practicing Tai Chi. We will begin each session with Qi Gong exercise. I have studied Yang style Tai Chi locally for the past 15 years with the Tai Chi Kung Fu Institute. Since 2016 I have been instructing a group of beginners locally in the Southern Peninsula. \$2.00 Session Fee plus 50c Tea/Coffee when applicable payable to Tutor at beginning of each Session. Contact Bev on lolabevt@gmail.com or 0423 148 159.

19HEX016: Balance in Focus **Type: Short Course**

Dates: 05/08/2019 - 10/09/2019 **Frequency: Weekly Course, Mon 9:00 - 10:00**

Location: Community Hall Dromana Hodgkinson Street **Tutor: Hilda McLeod**

The course is aimed at identifying and rectifying anomalies in balance, which should result in a reduction in falls risk. Your Tutor, Hilda McLeod, has 25 years' experience in aged care, with a focus on falls prevention. You can contact Hilda on hildamcleod@gmail.com if you have any queries.

This is a sequential course you will not be able to join after it has started. Course fee \$10 to be paid 10 days prior to the commencement of course.

19HEX017: Tai Chi for Health **Type: Long Course**

Dates: 12/02/2019 - 03/12/2019 **Frequency: Weekly Course, Tue 9:30 - 10:30**

Location: Mt Martha House 466 Esplanade **Tutor: Angela Ferguson**

Tai chi for health improves balance strength and flexibility. Can be done whilst seated. Program for members of all capabilities. Angela Ferguson Tutor Phone: 0418 990 339 Email: angelaferguson02@hotmail.com \$2 weekly session fee to be paid to the Tutor at beginning of each class. No class from 23/5/19 for 7 weeks returning 5/8/19

Angela holds a Level 2 First Aid certificate and Certificate for Tai Chi for Health. She has previously worked for Community Health and is well versed in this form of Tai Chi

19HEX018: Tai Chi & Qi Gong for Beginners **Type: Long Course**

Dates: 05/02/2019 - 03/12/2019 **Frequency: Weekly Course, Tue 13:30 - 14:30**

Location: Mt Martha House 466 Esplanade

Tutor: Naomi Toy

This course is for members with little or no previous experience of Tai Chi a gentle exercise form often called meditation in motion. Naomi will cover 5 form, Tai Chi for Arthritis, 10 Form Lotus, Shabashi and other Qigong forms. Tai Chi helps with balance and strength. Qi Gong cultivates energy. Please wear loose-fitting clothing and soft runner style shoes. Please bring a bottle of water to class. Session fee \$2 payable weekly. Tutor Naomi Toy Phone: 5987 3450 Email: nrtoy@bigpond.com

Naomi is a member of the Tai Chi Institute for Health and a qualified instruction. She has been teaching for 8 years with Peninsula Health and U3A Mornington. She has attended many workshops with Dr Paul Lam of the Institute and has travelled to Bali to do Qigong Retreats for the past 3 years.

History

19HIS001: Genealogy Websites - February Course

Type: Short Course

Dates: 04/02/2019 - 25/03/2019

Frequency: Weekly Course, Mon 13:00 - 15:30

Location: Seawinds Community Hub 11A Allambi Avenue

Tutor: Annette Buckland

Learn how to navigate the 3 popular websites for over 6 weeks. Hands-on lessons showing how to get the best results from your searches. Must have computer skills; bring a USB stick and some family history to research. No classes on 4th March or 11th March

The cost of \$25.00 is payable to the Tutor at the first class. You can contact Annette on anetb@live.com.au or 0402858878 this course will be held at Southern Peninsula Family History Society Seawinds Community Hub 11A Allambie Ave Capel Sound.

19HIS002: Genealogy Websites - April Course

Type: Short Course

Dates: 29/04/2019 - 03/06/2019

Frequency: Weekly Course, Mon 13:00 - 15:30

Location: Seawinds Community Hub 11A Allambi Avenue

Tutor: Annette Buckland

Learn how to navigate the 3 popular websites for over 6 weeks. Hands-on lessons showing how to get the best results from your searches. Must have computer skills; bring a USB stick and some family history to research.

The cost of \$25.00 is payable to the Tutor at the first class. You can contact Annette on anetb@live.com.au or 0402858878 this course will be held at Southern Peninsula Family History Society Seawinds Community Hub 11A Allambie Ave Capel Sound.

19HIS003: The Life & Times of Thomas Jefferson

Type: Short Course

Dates: 02/09/2019 - 23/09/2019

Frequency: Weekly Course, Mon 14:30 - 16:00

Location: Community Hall Dromana Hodgkinson Street

Tutor: Diane Bell

Thomas Jefferson is an American icon, best known as the writer of the Declaration of Independence. We'll discover more about the man both personal & political. This is a brief overview of a complex man and the turbulent times in which he lived. Course fee \$8 to be paid 10 days prior to the commencement of course Contact Di Bell via email diane.bell@gmail.com or 0438 892 829

IPad/Computer/Tablet

19ICT001: Digital Scrapbooking-Photoshop Elements

Type: 1 day

Dates: 17/04/2019 - 17/04/2019

Frequency: 1 Day Course, Wed 13:00 - 16:00

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road

Tutor: Rosalie Arnold

Put your Photoshop Elements skills to the test preparing digital paper working with frames, graphics, and text to prepare pages for photo books. Please bring along up to 10 of your own images on a USB and prepare pages for your photo books; we will not be doing the photo books on the day but will do a brief overview of how to download your images online. Course fee \$2.50 to be paid 10 days prior to the commencement of course. Tutor Rosalie Arnold Phone: 5982 0497 Email: rosaliarnold@hotmail.com

Must have prior experience and be a competent user of Photoshop Elements

19ICT003: Computers Second Byte

Type: Long Course

Dates: 11/02/2019 - 09/12/2019

Frequency: Second and Fourth weeks, Mon 12:00 - 14:00

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road

Tutor: Rick Hayllar

A course without beginning or end. If you need some help with any aspect of your PC (not Apple Mac) operation then this may be what you want. You need only attend when you require help. You must enroll on U-MAS. \$2.00 Session Fee plus 50c Tea/Coffee when applicable payable to Tutor at beginning of each Session. Contact Rick Hayllar at rhayllar@bigpond.net.au

19ICT005: Beginners Guide to Adobe Light Room

Type: Short Course

Dates: 24/04/2019 - 22/05/2019

Frequency: Weekly Course, Wed 12:00 - 14:00

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road

Tutor: Sally Rule

Adobe Lightroom 6 is an image processing program... The course will give you an understanding of basic image processing and the tips and links to tutorials to further your knowledge and skills. Adobe Lightroom is a great bit of software for organizing your photos and also making changes to them like exposure, contrast, vibrancy etc. and for applying effects. It also catalogs your photos so that you can easily find them later. Adobe does provide a one week, (7day) trial. I suggest participants take a monthly subscription, which costs a\$14.29 per month for as long as required. It is still possible to buy the program outright. Officeworks price is \$204.00 all participants must be computer competent and have good mouse skills. Participants will require their own laptops and will need to download the program before the course commences. Lightroom program suitable for Windows PC users. Course fee \$12.50 to be paid 10 days prior to the commencement of course Tutor Sally Rule Phone: 0418 130 754 Email: sally.rule286@outlook.com

19ICT010: Photobooks with your Favourite Images

Type: Short Course

Dates: 19/02/2019 - 05/03/2019

Frequency: Weekly Course, Tue 12:00 - 15:00

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road

Tutor: James Carr

The program is for those who have never made a Photobook before and wish to learn. The steps are relatively simple and the price for Photobooks is now quite reasonable. You will be able to make books of your travels, celebrations, family memories and special events. The 'coffee table style' books capture those special times for future browsing. The tutor will contact participants before the program, with instructions, so they are able to download the free, required computer software.

Prerequisites: Participants will be familiar with their computer/laptops. They will already be able to download their photos from camera to computer/laptop, file photographs into folders and locate those folders when required. Participants who own laptops will bring them to the classes which will comprise of demonstration, practice, and coaching. Tutor Jim Carr Ph. 0419 539 034 Email: jrcarr@spin.net.au Course Fee \$7.50 payable 10 days before commencement of the course.

19ICT011: Photoshop Elements - Introduction Type: Short Course

Dates: 29/04/2019 - 20/05/2019

Frequency: 4 weeks as specified, Mon 14:30 - 16:00

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road

Tutor: Rosalie Arnold

Photoshop Elements is complex and can be confronting to first-time users. This course will lead you through the basics in simple, easy to understand steps. No previous knowledge of Photoshop Elements will be assumed. We start from the beginning and you are expected to practice the skills you gained at the weekly classes. Photoshop Elements 12, 13 and 15 shall be used. You may bring your own laptop with a 4-week Photoshop Trial Program. The expected cost of purchasing the program \$140. A course fee of \$10 to be paid 10 prior to the commencement of the course. All details on programs & notes will be forwarded to you prior to the start of the course

Prerequisite: YOU MUST HAVE BASIC COMPUTER SKILLS AND A WELL-DEVELOPED SKILL TO OPERATE A COMPUTER MOUSE. Contact Rosalie at 'rosaliearnold@hotmail.com' for any queries you may have prior to enrolment.

Languages

19LAN001: Australian English Language Class

Type: Long Course

Dates: 05/02/2019 - 10/12/2019

Frequency: Weekly Course, Tue 9:30 - 11:30

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road

Tutor: Viv Maughan

This course is for migrants and refugees who like to improve their English. It will include conversation, reading, writing and grammar in a relaxed, friendly atmosphere. Contact Viv - 0431 449 044 or vamaughan@bigpond.com for further details and to enroll. \$2.00 to cover the cost of our rented accommodation plus \$0.50 for cuppa where applicable, is payable at the commencement of each session.

19LAN002: French - Sub-Intermediate

Type: Long Course

Dates: 04/02/2019 - 25/11/2019

Frequency: Weekly Course, Mon 9:30 - 11:30

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road

Tutor: Louise Keeshan

Reading, writing and spoken French. An emphasis on the conversation with grammar is included. Three to four years of high school French is required for enrolment. The class is conducted mainly in French. An English-French dictionary is necessary. \$2.00 Session Fee plus 50c Tea/Coffee when applicable payable to Tutor at beginning of each Session. Contact tutor: loukeeshan@hotmail.com

19LAN003: French - Intermediate

Type: Long Course

Dates: 06/02/2019 - 27/11/2019

Frequency: Weekly Course, Wed 9:30 - 11:30

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road

Tutor: Louise Keeshan

Reading, writing and spoken French. An emphasis on conversation with grammar is included. Classes are conducted mainly in French. 4+ years of high school French is required for enrolment. Please bring an English-French dictionary to classes. Contact tutor: loukeeshan@hotmail.com Class assistant Vivienne Gloor

19LAN004: French - Advanced

Type: Long Course

Dates: 04/02/2019 - 09/12/2019

Frequency: Weekly Course, Mon 9:30 - 11:30

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Susanne Smith

Articles in French magazin@bien-dire are used as a basis for conversation. Some grammar revision. 4+ years study of French or French speaker. Magazine subscription approx. \$90/year (6 issues). Tutor: - Susanne Smith 5984 1280 info@alaplage.com.au

19LAN005: German Conversation (Group J)

Type: Long Course

Dates: 05/02/2019 - 26/11/2019

Frequency: Weekly Course, Tue 9:30 - 11:30

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road

Tutor: Jeremy Grant

We meet in a relaxed and friendly fashion and aim to improve German conversational skills. To enroll in this course, you must have a reasonable command of German and be able to participate in the conversation. \$2.00 Session Fee plus 50c Tea/Coffee when applicable payable to Tutor at beginning of each Session. Tutor Jeremy Grant Email: jgrant99@bigpond.net.au Course Assistants Tricia Ellen triciaa43@bigpond.com & Peter Hekel pmhekel@bigpond.com

Maximum 9 members

19LAN006: Italian - Beginners

Type: Long Course

Dates: 06/02/2019 - 11/12/2019

Frequency: Weekly Course, Wed 11:30 - 13:30

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Cathy Di Iorio

If you want to start learning Italian from the beginning this is the course to for you. The easy way is to start learning from 'Dimmi una parola', our Tutor will be able to help you in every way the easy way. Contact Cathy on 0419 170 552 if you have any questions.

19LAN007: Italian - Intermediate

Type: Long Course

Dates: 06/02/2019 - 11/12/2019

Frequency: Weekly Course, Wed 14:30 - 16:30

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road

Tutor: Anna Knabe

Reading, dictation, conversation, homework. Tutor's phone: 5989 2446 Note, no classes during school and public holidays. No class Wednesday 27th March due to U3A SP AGM. \$2.00 to cover our rented accommodation plus \$0.50 for cuppa where applicable, is payable before the commencement of each session.

Some previous study of Italian.

19LAN008: Italian Conversation **Type: Long Course**

Dates: 06/02/2019 - 27/11/2019 **Frequency: Weekly Course, Wed 9:00 - 11:00**

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road **Tutor: Cipriano Corva**

This group meets weekly to further their knowledge and to practice the use of the Italian language. Useful to those who may like to visit Italy. We learn about the regions of Italy, their culture, history, dialects and music by singing their songs. We use experiential adult learning techniques and sharing stories assisted by the audio/visuals TV. Cipriano Corva 0448 852 776 cipcorva@bigpond.com NO CLASS ON WED 27 MARCH DUE TO U3A AGM. NO CLASSES ON PUBLIC & SCHOOL HOLIDAYS.

Must have done at least Intermediate Italian or equivalent. If the class is full, please put your name on the waiting list and you will be invited to try out a lesson with us before formally accepted. \$2.00 to cover our rented accommodation plus \$0.50 for cuppa where applicable, is payable before the commencement of each session.

19LAN009: Spanish for Beginners - Term 1 **Type: Short Course**

Dates: 08/02/2019 - 05/04/2019 **Frequency: Weekly Course, Fri 11:30 - 13:30**

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road **Tutor: Sol Torres**

This course will teach members who wish to learn and converse in basic Espanola without too much fuss about grammar. \$20.00 Session Fee to be paid 10 days prior to the commencement of course. Tutor Sol Torres Phone: 5981 9303

19LAN014: German Conversation (Group D) **Type: Long Course**

Dates: 05/02/2019 - 10/12/2019 **Frequency: Weekly Course, Tue 12:00 - 14:00**

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road **Tutor: Dorothy Krenzer**

Meet in a relaxed and friendly fashion to practice and improve your German conversational skills. You must have a sufficient knowledge of the language to hold a reasonably meaningful conversation. Leader Dorothea Krenzer Email: theagerold@gmail.com \$2.00 Session Fee plus 50c Tea/Coffee

19LAN011: French for Travellers Part 1 **Type: Short Course**

Dates: 04/02/2019 - 18/03/2019 **Frequency: 6 weeks as specified, Mon 16:00 - 18:00**

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road **Tutor: Inez Dussuyer**

The aim of the three sessions of 6 weeks during the year is to improve participant's ability to communicate in French; to be able to understand when spoken to in French and how to respond so as to be understood. Practicing speaking French in an enjoyable way is enhanced through the use of the French TV program - 7 Jours sur la Planete which also offers insights into French culture and current affairs. There is no formal grammar and no emphasis on writing skills. Contact Inez on iddussuyer@hotmail.com or 0419 448 334

Minimum intermediate level of French; complete beginners would find it hard to actively participate. Course fee \$15 to be paid 10 days prior to the commencement of course Please bring a notepad and a pen to the course sessions. No class on 11th March (Labour Day)

19LAN015: French for Travellers - Part 2 **Type: Short Course**

Dates: 06/05/2019 - 10/06/2019 **Frequency: 6 weeks as specified, Mon 16:00 - 18:00**

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road **Tutor: Inez Dussuyer**

The aim of the three sessions of 6 weeks during the year is to improve participant's ability to communicate in French; to be able to understand when spoken to in French and how to respond so as to be understood. Practicing speaking French in an enjoyable way is enhanced through the use of the French TV program - 7 Jours sur la Planete which also offers insights into French culture and current affairs. There is no formal grammar and no emphasis on writing skills. Contact Inez on iddussuyer@hotmail.com or 0419 448 334

Minimum intermediate level of French; complete beginners would find it hard to actively participate. Course fee \$15 to be paid 10 days prior to the commencement of course Please bring a notepad and a pen to the course sessions. No class on 10th June (Queens Birthday)

19LAN016: French for Travellers - Part 3 **Type: Short Course**

Dates: 04/11/2019 - 09/12/2019 **Frequency: 6 weeks as specified, Mon 16:00 - 18:00**

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road **Tutor: Inez Dussuyer**

The aim of the three sessions of 6 weeks during the year is to improve participant's ability to communicate in French; to be able to understand when spoken to in French and how to respond so as to be understood. Practicing speaking French in an enjoyable way is enhanced through the use of the French TV program - 7 Jours sur la Planete which also offers insights into French culture and current affairs. There is no formal grammar and no emphasis on writing skills. Contact Inez on iddussuyer@hotmail.com or 0419 448 334

Minimum intermediate level of French; complete beginners would find it hard to actively participate. \$15.00 payable by 22nd October to secure your place. Please bring a notepad and a pen to the course sessions.

Literature

19LTR001: Bookworms **Type: Long Course**

Dates: 04/02/2019 - 02/12/2019 **Frequency: Monthly, Mon 14:00 - 16:00**

Location: St Katherine's Anglican Church 15 Bartels St **Tutor: Judith Hallein**

Literary book group. Group members meet on the 1st Monday of each month to discuss a chosen book. Members must be prepared to obtain the required book. Members must also be prepared to enter into the discussion. Tutor: - Judith Hallein 9775 4876 / ram.050523@bigpond.com

Will run over School Holidays \$2.00 Session Fee plus 50c Tea/Coffee this is a sequential course you will not be able to join after it has started. A maximum number of members 12.

19LTR002: Early Victorian Novels **Type: Short Course**

Dates: 11/02/2019 - 25/03/2019 **Frequency: 5 weeks as specified, Mon 14:00 - 15:30**

Location: St Katherine's Anglican Church 15 Bartels St **Tutor: Judith Hallein**

Discussion of Victorian Novels e.g. Charles Dickens or George Elliot. A general knowledge of Early English Literature would be advisable. Minimum reading will be required. Further information contact Judith Hallein 9775 4876 / ram.050523@bigpond.com

No session 4th March or Labour Day 11th March this is a sequential course you will not be able to join after it has started Course fee \$12.50 to be paid 10 days prior to start date.

19LTR003: Nepean Book Club **Type: Long Course**

Dates: 07/02/2019 - 14/11/2019 **Frequency: Monthly, Thu 15:30 - 17:30**

Location: Sorrento Comm Centre 860 - 868 Melbourne road **Tutor: Bebe McEncroe**

We meet on the 3rd Thursday of each month. We will be looking at good quality writing, both modern and classical. Bebe sees the discussion group a way of continuing the pleasure of sharing the joys of literature. Course Tutor Bebe McEncroe Email: bebemce@bigpond.com Phone: 0412 629 237

Minimum Number 9 Course Fee \$2 per session payable to Tutor

19LTR004: Wise Women Book Group **Type: Long Course**

Dates: 14/02/2019 - 12/12/2019 **Frequency: Monthly, Thu 14:00 - 16:00**

Location: Private Home TBA **Tutor: Jenny Williams**

A wide selection of fiction and non-fiction, representing universal themes for discussion is included. We are a lively, friendly group and enjoy considering various points of view. Books are loaned, in a set, from the Rosebud Library each month. \$12.50 subscription to be paid to the Course Leader, Jenny Williams during the first session when you are accepted into the group.

Tutor: - Jenifer Williams 5982 1218 jenwills45@gmail.com

19LTR005: Literary Ladies

Type: Long Course

Dates: 14/02/2019 - 12/12/2019

Frequency: Monthly, Thu 15:00 - 17:00

Location: Private Home TBA

Tutor: Jean Jordan

Each month on 2nd Thursday, the group meets to discuss and exchange opinions on books supplied by Mornington Peninsula Library Service. We submit our preferred choice of books from a long list provided by the library but also receive some that are not on our selection. Our discussions often include other books and films recently enjoyed by the members. Contact Jean at jjfarnham@hotmail.com or 0407 181 069

A fee of \$12.50 per member is to be paid 10 days prior to the commencement of the year to cover costs of Books

19LTR006: Poetry and Plays

Type: Long Course

Dates: 14/02/2019 - 27/06/2019

Frequency: Weekly Course, Thu 10:00 - 12:00

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road

Tutor: Bebe McEncroe

In 2019 we will read and discuss a selection of plays and poetry. Recommended text "Norton's Anthology of Poetry. A course fee of \$2.50 payable to Tutor each session Course Tutor Bebe McEnroe Phone: 0412 629 237 Email: bebemce@bigpond.com

Minimum 8

19LTR007: Write Your Life Story

Type: 1 day

Dates: 29/04/2019 - 29/04/2019

Frequency: 1 Day Course, Mon 14:00 - 17:00

Location: St Katherine's Anglican Church 15 Bartels St

Tutor: June Loves

A Pop Up Workshop What to leave out? What to leave in? Join local author June Loves to start writing your memoir or your auto bio. Maybe it will morph into a children's story or a novel? In her lively 1-day 3-session workshop June will guide you through ... • Where to start • Remembering and researching • How to write your story • Self-editing & publishing Writing your life story is not a long haul. The impact of time and memory on a personal narrative is not a flaw. It makes a life story interesting and a joy to write.

The course will be held St Catherine Church Bartel Street McCrae Bring a notebook and your favourite pen Tutor June Loves Email: maxloves@bigpond.com Phone: 5985 2285 Course fee \$2.50 payable prior to the commencement of course.

19LTR008: The Writers Group

Type: Long Course

Dates: 08/02/2019 - 13/12/2019

Frequency: Second and Fourth weeks, Fri 10:00 - 12:00

Location: Uniting Church Rosebud Murray Anderson Road

Tutor: Keryn McLear

This course is designed to improve your writing skills, as well as learning to use written communication more effectively. The content of the course includes short homework pieces, games, lessons, writing topics, offers to edit, pleasure enjoyment and improvement. Contact Keryn McLear at kezza@pac.com.au. or Judith Roach at judith_geoff@bigpond.com. Both of us are ex-teachers and Keryn has a Professional Writing Certificate.

Classes held Betty Smith Room Uniting Church Rosebud Murray Anderson Road Rosebud No classes during the school holidays. \$2.00 Session Fee plus 50c Tea/Coffee when applicable payable to Tutor at beginning of each Session.

Mobile Phones

19MOBA01: Get the most out of your Android Mobile

Type: Short Course

Dates: 20/02/2019 - 27/02/2019

Frequency: 2 Week Course, Wed 13:30 - 16:00

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road

Tutor: Andrea Osborne

You will learn to use your Android mobile phone with confidence. This course covers: -Understanding the commonly used features in Settings; -How to download apps; -Learning the features of some of the common apps; -How to use Planner/Calendar; -How to access to emails; -Solving some commonly encountered problems. Members who would like to learn how to use their phone for emails and other apps which they normally use on their computer will need to know their username and password when they come to the class. Please ensure your mobile phone is fully charged before attending the class.

Please bring Pen & Notebook for Notes. Will run over School Holidays. Course fee to be paid 10 days prior to commencement. This is a sequential course you will not be able to join after the course starts. Course fee to be paid 10 days prior to the commencement of course Further Information contact Andrea Osborne 0427 784 555 aosborne08@gmail.com

19MOBA02: Get the most out of your Android Mobile

Type: Short Course

Dates: 29/5/2019 – 5/6/2019

Frequency: 2 Week Course, Wed 13:30 - 16:00

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road

Tutor: Andrea Osborne

You will learn to use your Android mobile phone with confidence. This course covers: -Understanding the commonly used features in Settings; -How to download apps; -Learning the features of some of the common apps; -How to use Planner/Calendar; -How to access to emails; -Solving some commonly encountered problems. Members who would like to learn how to use their phone for emails and other apps which they normally use on their computer will need to know their username and password when they come to the class. Please ensure your mobile phone is fully charged before attending the class.

Please bring Pen & Notebook for Notes. Will run over School Holidays. Course fee to be paid 10 days prior to commencement. This is a sequential course you will not be able to join after the course starts. Course fee \$5 to be paid 10 days prior to the commencement of course Further Information contact Andrea Osborne 0427 784 555 aosborne08@gmail.com

19MOBA03: Get the most out of your Android Mobile

Type: Short Course

Dates: 21/08/2019 - 28/08/2019

Frequency: 2 Week Course, Wed 13:30 - 16:00

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road

Tutor: Andrea Osborne

You will learn to use your Android mobile phone with confidence. This course covers: -Understanding the commonly used features in Settings; -How to download apps; -Learning the features of some of the common apps; -How to use Planner/Calendar; -How to access to emails; -Solving some commonly encountered problems. Members who would like to learn how to use their phone for emails and other apps which they normally use on their computer will need to know their username and password when they come to the class. Please ensure your mobile phone is fully charged before attending the class.

Please bring Pen & Notebook for Notes. Will run over School Holidays. Course fee to be paid 10 days prior to commencement. This is a sequential course you will not be able to join after the course starts. Course fee to be paid 10 days prior to the commencement of course Further Information contact Andrea Osborne 0427 784 555 aosborne08@gmail.com

19MOBA04: Get the most out of your Android Mobile **Type: Short Course**

Dates: 13/11/2019 - 20/11/2019 **Frequency: 2 Week Course, Wed 13:30 - 16:00**

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road **Tutor: Andrea Osborne**

You will learn to use your Android mobile phone with confidence. This course covers: -Understanding the commonly used features in Settings; -How to download apps; -Learning the features of some of the common apps; -How to use Planner/Calendar; -How to access to emails; -Solving some commonly encountered problems. Members who would like to learn how to use their phone for emails and other apps which they normally use on their computer will need to know their username and password when they come to the class. Please ensure your mobile phone is fully charged before attending the class.

Please bring Pen & Notebook for Notes. Will run over School Holidays. Course fee to be paid 10 days prior to commencement. This is a sequential course you will not be able to join after the course starts. Course fee to be paid 10 days prior to the commencement of course Further Information contact Andrea Osborne 0427 784 555 aosborne08@gmail.com

Music

19MUS001: Getting the most from your Keyboard **Type: Long Course**

Dates: 07/02/2019 - 28/11/2019 **Frequency: First and third weeks, Thu 14:00 - 16:00**

Location: Private Home TBA **Tutor: Jean Freeman**

The aim of this course is to learn the Keyboard and understand the functions of the keyboard, with keyboard split and accompaniments, recording and saving performances, downloading via USB internet styles, voices, and registrations, mixing using harmony and effects, etc., etc. It would also be an opportunity to exchange music and look at the excellent music tutorial sites on the internet and be a great source of mutual admiration and encouragement. Music Composition & study of the jazz standards are part of this course. A Yamaha and Technics Keyboard are available or members can bring their own.

If you are on the waiting list, please contact me as we may be able to find a time that suits us. The length of the course is also open to negotiation...short or long, a break in the winter etc. We will combine with the other group if a 5th Thursday occurs. Tutor Jean Freeman Phone: 5981 2392 Email: ladymyrt@hmail.com

19MUS002: Getting the most from your Keyboard **Type: Long Course**

Dates: 14/02/2019 - 28/11/2019 **Frequency: Second and Fourth weeks, Thu 14:00 - 16:00**

Location: Private Home TBA **Tutor: Jean Freeman**

The aim of this course is to learn the Keyboard and understand the functions of the keyboard, with keyboard split and accompaniments, recording and saving performances, downloading via USB internet styles, voices, and registrations, mixing using harmony and effects, etc., etc. It would also be an opportunity to exchange music and look at the excellent music tutorial sites on the internet and be a great source of mutual admiration and encouragement. Music Composition & study of the jazz standards are part of this course. A Yamaha and Technics Keyboard are available or members can bring their own.

If you are on the waiting list, please contact me as we may be able to find a time that suits us. The length of the course is also open to negotiation...short or long, a break in the winter etc. We will combine with the other group if a 5th Thursday occurs. Tutor Jean Freeman Phone: 5981 2392 Email: ladymyrt@hmail.com

19MUS003: Sing till You Grin **Type: Long Course**

Dates: 11/02/2019 - 26/11/2019 **Frequency: Weekly Course, Mon 11:45 - 13:15**

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road **Tutor: Martie Lowenstein-Nash**

The title says it all...we sing together for the enjoyment of singing along to our favourite songs and learning a few new ones. Contact: Martie Lowenstein at singingisfun3105@gmail.com Co-Tutor Val Harding \$2.00 Session payable to Tutor at beginning of each Session.

Formerly known as Singing for Fun

19MUS004: Guitar Course for Beginners - February **Type: Short Course**

Dates: 05/02/2019 - 26/03/2019 **Frequency: Weekly Course, Tue 16:00 - 17:00**

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road **Tutor: Peter Rae**

Lessons for beginners for guitar. The accent is on the fun as well as learning a new skill. Bring along your guitar, if you have one, a notepad and a pencil or biro. I taught full time for fifty years in Victoria and New South Wales. My last employer was with Young Regional School of Music in New South Wales. A short course fee of \$16 payable 10 days prior to the commencement of course. Tutor Peter Rae Phone: 5988 5281 Email: benny_gale@hotmail.com

19MUS006: Guitar Course for Beginners - April **Type: Short Course**

Dates: 23/04/2019 - 25/06/2019 **Frequency: Weekly Course, Tue 16:00 - 17:00**

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road **Tutor: Peter Rae**

Lessons for beginners for guitar. The accent is on the fun as well as learning a new skill. Bring along your guitar, if you have one, a notepad and a pencil or biro. I taught full time for fifty years in Victoria and New South Wales. My last employer was with Young Regional School of Music in New South Wales. A short course fee of \$16 payable 10 days prior to the commencement of course. Tutor Peter Rae Phone: 5988 5281 Email: benny_gale@hotmail.com

19MUS008: Guitar Course for Beginners - July **Type: Short Course**

Dates: 16/07/2019 - 17/09/2019 **Frequency: Weekly Course, Tue 16:00 - 17:00**

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road **Tutor: Peter Rae**

Lessons for beginners for guitar. The accent is on the fun as well as learning a new skill. Bring along your guitar, if you have one, a notepad and a pencil or biro. I taught full time for fifty years in Victoria and New South Wales. My last employer was with Young Regional School of Music in New South Wales. A short course fee of \$20 payable 10 days prior to the commencement of course. Tutor Peter Rae Phone: 5988 5281 Email: benny_gale@hotmail.com

19MUS010: Guitar Course for Beginners - October **Type: Short Course**

Dates: 08/10/2019 - 03/12/2019 **Frequency: Weekly Course, Tue 16:00 - 17:00**

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road **Tutor: Peter Rae**

Lessons for beginners for guitar. The accent is on the fun as well as learning a new skill. Bring along your guitar, if you have one, a notepad and a pencil or biro. I taught full time for fifty years in Victoria and New South Wales. My last employer was with Young Regional School of Music in New South Wales. A short course fee of \$16 payable 10 days prior to the commencement of course. Tutor Peter Rae Phone: 5988 5281 Email: benny_gale@hotmail.com

19MUS011: Guitar for Advanced Players - February **Type: Short Course**

Dates: 05/02/2019 - 26/03/2019 **Frequency: Weekly Course, Tue 17:00 - 18:00**

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road **Tutor: Peter Rae**

This course is designed for those who have completed the Beginners course or who have some experience as a Guitar Player. Short Course Fee of \$16 payable 10 days prior to the commencement of course. Peter Rae will be your Guitar Coach you can contact him on Phone: 0428 204 280 Email: benny_gale@hotmail.com

Members enrolling in the advanced course will automatically go onto the "wait list". Tutor Peter Rae will contact you in regard to your experience as a Guitar Player before being accepted into the Advanced Group.

19MUS012: Guitar for Advanced Players - April **Type: Short Course**

Dates: 23/04/2019 - 25/06/2019 **Frequency: Weekly Course, Tue 17:00 - 18:00**

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road **Tutor: Peter Rae**

This course is designed for those who have completed the Beginners course or who have some experience as a Guitar Player. Short Course Fee of \$20 payable 10 days prior to the commencement of course. Members enrolling in the advanced course will automatically go onto the "wait list". Tutor Peter Rae will contact you in regard to your experience as a Guitar Player before being accepted into the Advanced Group. Peter Rae will be your Guitar Coach you can contact him on Phone: 0428 204 280 Email: benny_gale@hotmail.com

19MUS013: Guitar for Advanced Players - July

Type: Short Course

Dates: 16/07/2019 - 17/09/2019

Frequency: Weekly Course, Tue 17:00 - 18:00

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Peter Rae

This course is designed for those who have completed the Beginners course or who have some experience as a Guitar Player. Short Course Fee of \$20 payable 10 days prior to the commencement of course. Peter Rae will be your Guitar Coach you can contact him on Phone: 0428 204 280 Email: benny_gale@hotmail.com

Members enrolling in the advanced course will automatically go onto the "wait list". Tutor Peter Rae will contact you in regard to your experience as a Guitar Player before being accepted into the Advanced Group.

19MUS014: Guitar for Advanced Players - October

Type: Short Course

Dates: 08/10/2019 - 26/11/2019

Frequency: Weekly Course, Tue 17:00 - 18:00

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Peter Rae

This course is designed for those who have completed the Beginners course or who have some experience as a Guitar Player. Short Course Fee of \$16 payable 10 days prior to the commencement of course. Peter Rae will be your Guitar Coach you can contact him on Phone: 0428 204 280 Email: benny_gale@hotmail.com

Members enrolling in the advanced course will automatically go onto the "wait list". Tutor Peter Rae will contact you in regard to your experience as a Guitar Player before being accepted into the Advanced Group.

19MUS015: History of Australia in Song 1788-1988

Type: Short Course

Dates: 09/08/2019 - 13/09/2019

Frequency: 6 weeks as specified, Fri 14:30 - 16:00

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road Tutor: Martie Lowenstein-Nash

Australian songs tell the history from convict times to now, a mix of oral history stories and some songs. Learn about the songs and have a sing-along. 1. Convict Days 2. Squatters and settling the Land 3. Shearers and drovers and Lawson, Bush Songs 4 1900-1940 Inc WW1 songs 5 Popular Songs 50 - 60's like Slim Dusty, Seekers 6. 70's - 80's John Williamson, Men at Work, Peter Allen

Tutor Martie Lowenstein-Nash Phone: 0415 320 295 Email: singingisforfun3105@gmail.com Course Fee \$12 payment 10 days prior to the commencement of course.

19MUS016: Singalong, Music & Movement

Type: Short Course

Dates: 02/05/2019 - 28/06/2019

Frequency: Weekly Course, Thu 16:00 - 17:00

Location: Community Hall Dromana Hodgkinson Street

Tutor: Peter Rae

Have fun singing a variety of songs, playing musical instruments and enjoy some creative dance. Peter will accompany us with his guitar. Music and laughter are good for the soul so join in and expect the unexpected while exploring your creative side. We will be exploring a range of different styles of music, rock and roll, and country, jazz as well as enjoying music from around the globe.

Course Tutors Veronika & Peter Rae Phone: 0417 533 412 Email: rae.veronika@gmail.com

Outdoor

19GLF001: Social Golf Group - Tuesday

Type: Long Course

Dates: 05/02/2019 - 17/12/2019

Frequency: Weekly Course, Tue 8:30 - 12:00

Location: Mt Martha Golf Club 275 Forest Drive

Tutor: Judy Clark

Enjoy nine holes of Golf at Mount Martha Golf Course We play Tuesday's & Friday's if playing both days please enroll twice. We play Stroke, Stableford, and many other game formats and competitions. Tee-off time: 8.30am. Groups of four (mixed). Check-in time 8.00-8.15am PLEASE CALL THE TUTOR PRIOR TO ENROLLING - Judy Clark 59810435

The ability to play golf with reasonable experience and knowledge is a must. We are not a teaching group. Please request costs from Tutor for weekly green fees.

19GLF002: Social Golf Group - Friday

Type: Long Course

Dates: 01/02/2019 - 20/12/2019

Frequency: Weekly Course, Fri 8:30 - 12:00

Location: Mt Martha Golf Club 275 Forest Drive

Tutor: Judy Clark

Enjoy nine holes of Golf at Mount Martha Golf Course We play Tuesday's & Friday's if playing both days please enroll twice. We play Stroke, Stableford, and many other game formats and competitions. Tee-off time: 8.30am. Groups of four (mixed). Check-in time 8.00-8.15am PLEASE CALL THE TUTOR PRIOR TO ENROLLING - Judy Clark 59810435

Please request costs from Tutor for weekly green fees. The ability to play golf with reasonable experience and knowledge is a must. We are not a teaching group.

19GLF003: Social Golf at Bay Views - Monday

Type: Long Course

Dates: 04/02/2019 - 16/12/2019

Frequency: Weekly Course, Mon 8:00 - 11:30

Location: Bay Views Golf Course Elizabeth Drive

Tutor: Alex Barclay

Playing nine holes of social golf at Bay Views Golf Course Rosebud. We have a BBQ at the end of each month. Members are welcome to stay after the game for a chat and coffee. Ball prizes are given for high handicap competitions, low handicap competitions, nearest to the pin and longest drive in each handicap division. Some members also register to play social golf at Bay Views on Fridays. Contact Alex Barclay on 0411 647 728 for more details.

We will tee off at 8.30am please arrive a little earlier to sign the attendance register for insurance purposes and pay green fees. Please request costs from Tutor for weekly green fees. No golf on Public Holidays or School Holidays.

19GLF004: Social Golf at Bay Views - Friday

Type: Long Course

Dates: 08/02/2019 - 20/12/2019

Frequency: Weekly Course, Fri 8:00 - 11:30

Location: Bay Views Golf Course Elizabeth Drive

Tutor: Alex Barclay

Playing nine holes of social golf at Bay Views Golf Course, Rosebud. Players attend the Monday golf. This is an informal game as practice for the Mondays. We will tee off at 8.30am. Please arrive a little earlier to sign in the attendance register for insurance purposes and pay green fees. Please request costs from Tutor for weekly green fees. Contact Alex Barclay on 0411 647 728 for more details.

No games on Public Holidays or School Holidays.

19OTD002: Cycling Group

Type: Long Course

Dates: 13/02/2019 - 11/12/2019

Frequency: Second and Fourth weeks, Wed 9:00 - 14:00

Location: Various TBA

Tutor: Rick Hayllar

Most rides are 40-55 kms on the Bay trail, Westernport trails and the Bellarine Peninsula. We also venture on the Peninsula and Eastlink trails and some of the city trails during the year. We include some 2-4 day excursions to country destinations e.g. South Gippsland and Geelong. We are a friendly bunch and welcome new members. Contact Rick on 'rhayllar@bigpond.net.au'

No class Wednesday 27th March due to U3A SP AGM.

19OTD004: Easy Riders Cycling Group

Type: Long Course

Dates: 01/03/2019 - 06/12/2019

Frequency: First and third weeks, Fri 10:00 - 12:00

Location: Various TBA

Tutor: Margaret Morgan

An easy ride on bike paths only, for those who just want some gentle exercise for those hip flexors. Distance approximately 10-15km with a coffee break halfway where possible. We will meet at different venues around the Peninsula (and sometimes a little farther afield), so you will need to be able to transport your bike to the meeting points. Contact Margaret on mjmorgan@bigpond.net.au or 0418 845 752

19OTO003: Redux Cycling Group

Type: Long Course

Dates: 06/02/2019 - 18/12/2019

Frequency: First and third weeks, Wed 9:00 - 12:00

Location: Various TBA

Tutor: Phillip Vertue

A very social mix of male & female cyclists; easy paced who ride exclusively on bicycle tracks on the Mornington Peninsula; the distance of rides between 25 km & 30 km with a coffee break half way. Twice a year the group goes away for 3 days together riding rail trails in rural Victoria. Rides every 1st and 3rd Wednesdays of each month including school holidays. Start at 9 AM in summer and 9.30 AM in winter. Contact Phil Vertue the leader of the group at philvertue1@bigpond.com or Telephone 0419306726

No ride 27th March U3A AGM

19WAL001: Happy Wanderers - Walking Group

Type: Long Course

Dates: 07/02/2019 - 12/12/2019

Frequency: Weekly Course, Thu 9:30 - 12:00

Location: Various TBA

Tutor: Dennis Wright

Happy Wanderers engage in weekly walks of approximately 8km taking about 2hr at various places around the Mornington Peninsula. The walks are graded according to difficulty and include a beach, street and bush walks. General Fitness is required for these walks around the Peninsula. Start time is 09:30 during Daylight Saving and 10:00 am for the balance of the year. Dennis Wright 0419 361 283 dennis@irishtype3dna.org

General fitness is required for these walks around the Peninsula. For the more difficult walks, there is an option to turn back after 30-40 mins, so reducing the length of the walk.

19WAL002: Gentle Walking Group

Type: Long Course

Dates: 30/01/2019 - 04/12/2019

Frequency: Weekly Course, Wed 9:30 - 12:00

Location: Various TBA

Tutor: Barb Livett

IN ORDER TO BE ACCEPTED INTO THIS COURSE YOU MUST CALL BARB LIVETT ON 59868295 OR 0425851894 BEFORE ENROLMENT. If you add your name to the list before speaking to Barb she reserves the right to delete you. Barb loves to have a chat about the program and ensure you'll be able to cope. Once accepted you will enjoy walks of approximately 4-5 kms around the Peninsula on mainly flat tracks and of course that important cup of coffee at the end. A basic level of fitness is required.

No walk on Wednesday 27th March due to U3A SP AGM.

19WAL003: Bushwalkers

Type: Long Course

Dates: 06/02/2019 - 04/12/2019

Frequency: Weekly Course, Wed 8:45 - 0:00

Location: Various TBA

Tutor: Gwen Smith

Walks between 12 and 16kms. Some starting times vary, and these along with starting point description and Melway reference are listed on our program. An appropriate level of fitness is required. Most walks are on the Peninsula. When we travel further, a local foreshore walk is available. Once or twice a year we have a week away. Occasionally longer walks and training are organized as interest is expressed.

In Feb and Mar, we start at 8.15am. Finish Time varies throughout the year. For more information or to join this group when waitlisted, please call Gwen Smith on 5982 0111 to provide program details and arrange for you to walk with us (leave a message if I'm out and I'll call back). Assistant Karen Allison. No walk Wednesday 27th March due to U3A SP AGM.

19WAL004: Ramblers Walking Group

Type: Long Course

Dates: 04/02/2019 - 25/11/2019

Frequency: Weekly Course, Mon 9:00 - 10:00

Location: Rosebud Band Hall 980 Point Nepean Road

Tutor: Elaine Newbould

Each week we will leave the Band Hall (next to the sound shell on the Village Green) for a walk along the beautiful Rosebud foreshore. Upon our return, we will have morning tea in the Rosebud Youth Band Hall next to the Rosebud Sound Shell. \$2 room hire 50cents tea money. elainenewbould3101@gmail.com Course assistant Lorraine Frazer

19WAL005: Meanderers - Walking Group

Type: Long Course

Dates: 07/02/2019 - 12/12/2019

Frequency: Weekly Course, Thu 9:30 - 12:00

Location: Various TBA

Tutor: David Mott

Weekly walks of approximately 8km taking about 2hr at various places around the Mornington Peninsula. The walks are graded according to difficulty and include beach, street and bush walks. General Fitness is required for these walks around the Peninsula. Start time is 09:30 during Daylight Saving and 10:00am for the balance of the year. David Mott 0488 299 430 djamott@bigpond.com Assistant: Jean Mott

General fitness is required for these walks around the Peninsula. For the more difficult walks, there is an option to turn back after 30-40 mins, so reducing the length of the walk.

19WAL006: Friday Foreshore Strolls

Type: Long Course

Dates: 01/02/2019 - 29/11/2019

Frequency: Weekly Course, Fri 9:30 - 11:00

Location: Various TBA

Tutor: Barb Livett

PLEASE CALL BARB PRIOR TO ENROLLING IN THE COURSE 5986 8295 0425 851 894 email auntybarb2@bigpond.com enjoyable walks are approx. 4 - 5 km around the Peninsula on mainly flat tracks a coffee break is an important part of the outing. A basic level of fitness is required. Meet in the Car Park of Coles Supermarket McCrae 9.15

Photography

19PHG001: U3A Photography Group (A)

Type: Long Course

Dates: 08/02/2019 - 13/12/2019

Frequency: Second and Fourth weeks, Fri 9:30 - 11:30

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Ernie de Vlieger

Members of the Photography group are enthusiastic amateur photographers. The program consists of discussions and demonstrations of various aspects of photography, off-site photo shoots, videos, visiting photographers and lots of fun. Members share their images and talents and through constructive comments each member improves their understanding and skill level. Participation in the fortnightly homework challenge, which includes sending resized photos by email to the Tutor/Leader, is an important aspect of this program. A preferable prerequisite is the ability to use automatic and semi-automatic camera controls with basic computer skills. Every member of the group will be expected to contribute, even in a small way, to the efficient running of the group. Contact Ernie on 5982 1476 or by email ernsue3@gmail.com.

This is currently a closed activity. At this point only members enrolled in 2018 will be accepted. We already have a full complement of members (3 more than we would normally have for this activity) and cannot accept new enrolments at this time. \$2.00 Session Fee plus 50c Tea/Coffee when applicable payable to Tutor at beginning of each Session.

19PHG002: U3A Photography Group (B)

Type: Long Course

Dates: 01/02/2019 - 06/12/2019

Frequency: First and third weeks, Fri 9:30 - 11:30

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Barry Mills

The program consists of discussions and demonstrations of various aspects of photography, off-site photo shoots, visiting photographers and lots of fun. Members share their images and talents and through constructive comments, each member improves their understanding and skill level. Participation in the fortnightly homework challenge is an important aspect of the program. People with smartphones welcome. Every member will be expected to make a small contribution to the efficient running of the group. Enthusiasm and a positive outlook are the most important prerequisites. Contact Barry on 0417 398 096, painter21@bigpond.com

19PHG006: Peninsula Image Makers **Type: Long Course**

Dates: 25/02/2019 - 25/11/2019 **Frequency: Monthly, Mon 15:00 - 18:00**

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road **Tutor: Barry Mills**

Meet on last Monday of each month from 3pm - 6pm. Prerequisites: Skill with manual control of camera & use of tripod; Ability to undertake night-time photo shoots. This is not a tuition course. Contact Barry on painter21@bigpond.com or 0417 398 096

You may put your name on the waiting list; however, you must be an experienced and competent photographer before being considered should a vacancy exist. \$2.00 to cover our rented accommodation plus \$0.50 for cuppa where applicable, is payable before the commencement of each session.

19PHG007: Photography for Beginners **Type: Short Course**

Dates: 04/02/2019 - 18/02/2019 **Frequency: 3 weeks as specified, Mon 12:00 - 14:00**

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road **Tutor: Barry Mills**

For those who want to learn the very basics in photography a new 3-week course starting at 9.30 AM. This course will teach you how to demystify your camera and you will also learn the art of photography in a slow and informed manner. What to bring - Camera, Camera Manual, Exercise book and pen. Above all plenty of enthusiasm. Course fee \$7.50 to be paid 10 days prior to the commencement of course. Tutor Barry Mills Phone: 5985 6532

19PHG008: Photography for Beginners **Type: Short Course**

Dates: 07/10/2019 - 21/10/2019 **Frequency: 3 weeks as specified, Mon 12:00 - 14:00**

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road **Tutor: Barry Mills**

For those who want to learn the very basics in photography a new 3-week course starting at 9.30 AM. This course will teach you how to demystify your camera and you will also learn the art of photography in a slow and informed manner. What to bring - Camera, Camera Manual, Exercise book and pen. And above all plenty of enthusiasm. Course fee \$7.50 to be paid 10 days prior to the commencement of course. Tutor Barry Mills Phone: 5985 6532

19PHG014: Digitizing Old Photographs **Type: 1 day**

Dates: 04/03/2019 - 04/03/2019 **Frequency: 1 Day Course, Mon 12:00 - 14:00**

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road **Tutor: Barry Mills**

This is a demonstration of how easily and inexpensively you can turn old photographs into digital photographs. A skill for anyone to learn! Contact Barry on painter21@bigpond.com or 0417 398 096

A short course fee of \$2.50 to cover our rented accommodation and coffee/tea must be paid 10 days prior to the commencement of course.

19PHG015: Digitizing Old Photographs **Type: 1 day**

Dates: 02/09/2019 - 02/09/2019 **Frequency: 1 Day Course, Mon 12:00 - 14:00**

Location: Old Shire Office Dromana Rm 7 359A Point Nepean Road **Tutor: Barry Mills**

This is a demonstration of how easily and inexpensively you can turn old photographs into digital photographs. A skill for anyone to learn! Contact Barry on painter21@bigpond.com or 0417 398 096

A short course fee of \$2.50 to cover our rented accommodation and coffee/tea must be paid by 14th May to secure your place.

19PHG018: All about Your Digital Images

Type: Short Course

Dates: 06/03/2019 - 20/03/2019

Frequency: 3 weeks as specified, Wed 14.30 - 16:30

Location: Old Shire Office Dromana Rm 4 359A Point Nepean Road

Tutor: Rosalie Arnold

Learn how to download your photographic images and videos from your Phone, Camera or iPad onto your computer, how to organize your images and why it is important to care and preserve these images for future generations. Once you have your images sorted, how to share them with family & friends, photo gifts, movies, slideshows and photo books. Please Note: this course is NOT suitable for Apple Mac users. Tutor Rosalie Arnold Phone: 5982 0497 Email: rosaliarnold@hotmail.com

Must be a competent computer user. Have a fully charged camera or phone with all relevant cords or card reader plus a memory stick. U3A computer will be provided for your use. A short course fee of \$15.00 must be paid by 10 days prior to the commencement of course to secure your place.

Recreation

19FLM001: Film Buffs

Type: Long Course

Dates: 21/02/2019 - 21/11/2019

Frequency: First and third weeks, Thu 13:30 - 16:30

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Bob Thornhill

We show movies of merit, based on production values, outstanding performances or noteworthy story lines. Prerequisite: Everyone must be warm and vertical Contact Bob Thornhill by email; pixelgaffer@gmail.com \$2.00 to cover the cost of our rented accommodation plus \$0.50 for cuppa where applicable, is payable at the commencement of each session.

19REC001: Armchair Travel

Type: Long Course

Dates: 28/02/2019 - 24/10/2019

Frequency: Second and Fourth weeks, Thu 14:00 - 15:30

Location: Old Shire Office Dromana Rm 8 359A Point Nepean Road

Tutor: Diane Bell

ARMCHAIR TRAVEL will give us the opportunity to travel without leaving home. Members will share their travel experiences and we will also view videos of exotic places. All welcome, not just those who have climbed Everest! Joint Tutors Di Bell diane.bell@gmail.com and Marg Salomon Phone: 5987 1826 margsal1935@gmail.com

19SOC001: Morning Coffee Group at Rosebud

Type: Long Course

Dates: 04/02/2019 - 16/12/2019

Frequency: First and third weeks, Mon 10:00 - 11:15

Location: Various TBA

Tutor: Joan Peters

Join us at ROSEBUD for this social get-together. Ring Joan Peters on 59812078 for café details.

19SOC002: Lunching out - 2nd Friday of each Month

Type: Long Course

Dates: 08/02/2019 - 13/12/2019

Frequency: Monthly, Fri 12:00 - 14:00

Location: Various TBA

Tutor: Judy Newland

Like to eat lunch out but not by yourself? Join a group of members who wish to explore the cafes and restaurants on the peninsula. Venues will vary from cheap eats to more upmarket. Transport will be self-drive with numbers for any lunch limited to the first eight people who respond to the monthly email. Second Friday of the month Tutors: Judy Newland & Di Bell Judy Newland - judyanewland@gmail.com Diane Bell - Diane.bell@gmail.com

Science

19SCI001: Astronomy

Type: Short Course

Dates: 12/02/2019 - 02/04/2019

Frequency: 8 weeks as specified, Tue 14:00 - 16:00

Location: Private Home TBA

Tutor: Peter Norman

During the last 100 years, astronomers have explored the universe not only with giant optical telescopes but also with telescopes, to analyze gravity waves, radio waves, microwaves, and infrared waves as well as rays of ultraviolet, x, gamma, cosmic and neutrino energy. These instruments reveal a great variety of stars ranging from many giants and supergiant blue and red stars and black holes as well as many more yellow stars and white dwarfs and even more brown dwarfs. These dynamic heavenly bodies are all evolving in ways that are consistent and explicable in terms of modern cosmologies.

This course is very popular and shared with U3A Mornington so book early. Peter's address in Mornington will be emailed to participants in late January. Minimum of 3 participants. You can contact Peter on 5975 3040 peternorman74@gmail.com

19SCI002: Astronomy

Type: Short Course

Dates: 13/02/2019 - 03/04/2019

Frequency: 8 weeks as specified, Wed 14:00 - 16:00

Location: Private Home TBA

Tutor: Peter Norman

During the last 100 years, astronomers have explored the universe not only with giant optical telescopes but also with telescopes, to analyze gravity waves, radio waves, microwaves, and infrared waves as well as rays of ultraviolet, x, gamma, cosmic and neutrino energy. These instruments reveal a great variety of stars ranging from many giants and supergiant blue and red stars and black holes as well as many more yellow stars and white dwarfs and even more brown dwarfs. These dynamic heavenly bodies are all evolving in ways that are consistent and explicable in terms of modern cosmologies.

This course is very popular and shared with U3A Mornington so book early. Peter's address in Mornington will be emailed to participants in late January. You can contact Peter on 5975 3040 peternorman74@gmail.com Minimum of 3 Participants Normally there is no U3A on AGM days 27th March but as this is a shared course with U3A Mornington participants will be expected to attend the AGM which is held in the morning.

VOLUNTEERS

18AAVOL1: Volunteer - Committee

David Mott

U3A Committee is appointed at the AGM held in March each year. There are current vacancies on the Committee and members are most welcome to contact David Mott secretary Phone: 0488 299 430 Email: secretary@u3asouthpen.org.au for further information.

19AAVOL3: Volunteer in U3A Office

Cheryl Trevascus

Cheryl Trevascus is the Office Manager of U3A. The office is open Tuesday & Thursdays only 9.30am - 1.00pm not open Public Holidays. Office staff assist enquires from new members a range of office position from taking member and course fees, enrolling members in courses, photocopying and computer work. New Office volunteers are always most welcome, please contact Cheryl on 0415 909 027 or office@u3asouthpen.org.au

19AAVOL0: Volunteer Join our Catering Team

Teena Daley

Teena Daley heads up our wonderful Catering Team, providing great Morning/Afternoon teas and lunches for U3A functions e.g. New Members Welcome, Seniors Week Morning Tea, lunch for Tutors meeting and AGM in March. For further information please contact Tina Daley 0418 997 579 teenadaley@hotmail.com

19AAVOL8: Volunteer to be a Tutors/Activity Leader

Rosalie Arnold

U3A depends on wonderful people to volunteer to share their experiences, passion, and hobbies. If you are willing to share and be rewarded for your time please contact U3A Course Coordinator for without our Tutors and Activity Leaders there would be no U3A. Please contact courses@u3asouthpen.org.au 0400 440 943 or Rosalie Arnold direct on 5982 0497

19AAV010: Volunteer - U3A Buddy

Rosalie Arnold

You can recognize a U3A buddy because they have a yellow smiley face on their Membership Badge. A buddy is our meet & greet person to assist new members into a course they are attending, meet them at the door if the class is in OSOD and show them where the room is. Introduce them to fellow classmates and let them know the etiquette of your class. (i.e. at this class we all arrive 10 minutes early help set up and then pack up before we leave) (ie. we usually bring out own mug and the correct money for the session fee) (i.e. importantly we all go for coffee at this place after class) A buddy needs to be a U3A member who attends at least one class or activity at U3A and opens and reads their emails regularly and can give this information on request to one of our Non-Computer User Members. A buddy also needs to know about our Website and can enroll themselves and at enrolment time assist members do their own enrolment.

Further Information contact Rosalie Arnold Phone: 0400 440 943 Email: courses@u3asouthpen.org.au

19AAVO09: Volunteer - Course Assistant

Rosalie Arnold

Course Assistants can help set up/pack up rooms, organize photocopying, complete the attendance list and take weekly session fees, they may do some research into subject material for the class. Assistants to Tutor/Leaders can also request a higher level of UMAS access to send & receive emails and reports on behalf of the Tutor. For further information contact Rosalie Arnold Email:courses@u3asouthpen.org.au Phone: 0400 440 943

19AAVOL2: Volunteer - Assist Course Coordinators

Rosalie Arnold

Course Coordinators look after all aspects of courses for U3A. Further information please contact Rosalie Arnold courses@u3asouthpen.org.au 0400 440 943

19AAVOL4: Volunteer - Publicity & Newsletter

Andrea Osborne

Andrea Osborne assists with preparation, collating and getting U3A newsletter out to members. Andrea also is responsible for all U3A publications, promotions and publicity. Assistance required getting articles for the newsletter, promotions and general assistance. For further information contact Andrea 0427 784 555 aosborne08@gmail.com

19AAVOL7: Volunteer - Maintenance

David Mott

Volunteers required for non-building maintenance. Please contact U3A secretary David Mott 0488 299 430 secretary@u3asouthpen.org.au

Every endeavour has been made to provide correct information please advise courses@u3asouthpen.org.au of any errors

Contents correct at time of writing 17th November 2018 for up to date information please see our website www.u3asouthpen.org.au